

Speaker 1 ([00:00:08](#)):

You're listening to the journey on podcast with Warwick Schiller. Warwick is a horseman trainer, international clinician and author, whose mission is to help people achieve a deeper connection with their horses through his transformational training program

Robyn Schiller ([00:00:34](#)):

Hello, welcome back to the journey on podcasts. This is Robyn Schiller, and I am taking over today for Warrick. I had an idea that maybe we should hear from some of the significant others of the podcast guests who have been on thus far. And the reason I thought about that is there is a lot of strong women behind the scenes and some of them aren't behind the scenes. Some of them are, you know, right alongside of their partners. So I thought it would be nice seeing that the demographics of our audience, at least on Facebook and YouTube are mainly women between the ages of 30 and 65. I thought it might be nice to chat with some of the significant others, namely women of the podcast guests. So, you know, people like PS steers and Elizabeth James and Angie field and Melissa King.

Robyn Schiller ([00:01:36](#)):

So those are, those are a couple of the people who I've got on my list. And I put this idea out to our closed Facebook group and there's like, there's close to 40,000 people on that. And the reception was quite good. And they were, you were very interested in that. So I also asked, what would you want to know? Like I have my own ideas and I want them to answer the same questions that their significant others did of Warrick's 20 questions, but yeah, I just thought it would be nice to get to know the partners. And so of course, when I put this idea out and everybody said, yes, yes, yes. They said, but you have to be first. So I already did the podcast where I answered the 20 questions, so we won't go over that, but I will answer the questions that people want to know. And some of the ones that I am posing also. So, you know, it's likely that I won't get to all of these with everyone that I talk to, but I'll answer them anyway. I'm pretty much an open book. So you know, like I said, there are some strong women I know, working

Robyn Schiller ([00:02:58](#)):

Alongside husbands or behind the scenes. And I even thought recently of, of creating my own podcast. It might be five minutes a week and I thought I could title it the invisible workload. So can you guys guess what that is? You know, we take on a lot of things that maybe we don't get credit for. You know, if we have a job, we get credit for the job that we do, but a lot of times there are these invisible workloads that can exhaust us. And frankly, I've been exhausted at times trying to handle so much. And so I thought it would be fun to do. I thought, well, maybe I could do one topic a week and just kind of, you know, play with it. And it's not about bashing anybody. It's just about, you know, sharing and knowing that you're not alone when you think about these things.

Robyn Schiller ([00:03:56](#)):

And so I thought, well, I'll write down I'll write down what I can think about. And maybe, hopefully I'd have, you know, enough for, for every one for every week. And I started writing and I stopped writing and I could, I mean, I could nearly do one a day for a year. So here's just some of the things that I put, you know, are invisible workloads. So it's kind of like those things that we don't know that we do that we do because we have to do or nobody else will do them. And, or maybe it's not something you do, but it's something that you carry. It's like a, not a burden, but you know, it's like a responsibility that you

carry. So here's just a couple ideas and I'm just, I'm just doing, I'm just throwing this out there because I can okay.

Robyn Schiller ([00:04:50](#)):

So I got to bills, you know, paying bills, keeping track of birthdays for however many people you want to think about whether it's our family, only both families, extended families, friends, you know, things like that. Holidays, you know, what are we going to do for the holidays? Who's planning the holidays, vacations, who's planning the vacations. Who's going to take care of all those details to get ready, to go on vacation. For us, it's like the everyday schedule. Like I know what everybody's doing and work knows what works doing sometimes. So that's one, you know, we have to keep track of everyone's likes and dislikes, you know, that this rolls out to everything. So you don't right. You don't buy the wrong gift or buy the wrong food or, or buy the wrong clothes, things like that. You get the idea. There's a whole lot of invisible workload that we do.

Robyn Schiller ([00:05:55](#)):

And I just want to say you guys are awesome for doing that. And maybe I'll get into that with the guests and ask, ask what, what their feedback is on that. If we have time, I don't want to, my goal is not to make it a two hour podcast. It's probably more like an hour or so, or even less. Okay. So we'll start by getting them to introduce themselves and their background, you know, who were they before they became the significant other of who whomever it is you know, and what they do now. And so, you know, for me, I think I've introduced myself on that first podcast, but you know, I've been a horse crazy girl since I was before I could walk. My mom had me on the horse before I could walk. And when we were two, we moved to the country and had our own horses.

Robyn Schiller ([00:06:47](#)):

So I started competing when I was five. You know, I had, I had equitation lessons from that stereotypical equitation coach who yelled at you and screamed at you to put your shoulders back and keep your chin up and all of that stuff. But I think I got a good, you know, I got a good foundation of writing. I think probably riding bareback around the, around the town was probably better for my writing abilities later on. Anyway. So I wrote and competed in the, kind of the open shows that was back when the cow palace was a big thing. The junior grand national cow palace event was a huge deal back when I was nine and 10, I showed there. And when you showed there, it was so big that whatever event it was, equitation or showmanship or trail, they had, like the age divisions were like nine and under, and then it went to whatever it was, equitation riders, age 10.

Robyn Schiller ([00:07:57](#)):

And there were like 70 people. So they had to break those into groups and then writers aged 11 writers, age 12. There were that many people showing this is back in the late seventies. I guess I could back up and say, you know, I was born to you know, into a middle-class family. I'm the third child of the family. I have an older brother and an older sister. My parents are both still alive. My dad's 82, my mom's 78. My dad was a quality manager for a, an aerospace company for a long time and then switched to semiconductor equipment manufacturing. I've worked with him twice. So that's been really cool. At the aerospace, when I was about 18, I think I worked with him a little bit. And then I worked with him at the semiconductor equipment manufacturer for awhile.

Robyn Schiller ([00:08:52](#)):

My mom was a bus driver, those big yellow school buses. She was a bus driver on and off. My sister has a business where she, she does a dock diving. They have a dog dock diving facility and she runs events and keeps busy with 12 of her own dogs. I think that's the number now. It changes every now and then. And my brother, he was the middle child. He was the perfect child. He has a double degree. He has a bachelor's in electrical engineering and in sociology. So he, he actually spent time in Australia for a year doing an abroad study, which was kind of cool. He worked for the Sydney opera house, driving a truck. That was pretty cool. But he he's the senior vice president of operations for a big, or he might even be, he might even be a CEO now.

Robyn Schiller ([00:09:53](#)):

I, I'm not sure COO for a laser company lasers as in I think it's more like towards the driving the vehicles, so yeah, he, yeah, he's, he's done really well for himself and he lives close. My sister lives close. My parents live close. We live in my, in my hometown where I went to high school. So back to me, I rode horses, like I said, until I went to high school and then I, my, my horse was older and actually had to be put down while we were in high school while I was in high school. And my mom was breeding horses at the time, not great horses, you know, okay. Horses. And after high school, I got back into them and I actually started a horse that we had raised. And it's only looking back now, it's that we had such a good connection that I wasn't seriously hurt or killed when I did cause we did everything wrong.

Robyn Schiller ([00:10:56](#)):

You know, mom had the short, you know lead rope on when I got on the first time and oh yeah, I could have been such a wreck, but that horse, I feel sorry for that horse because she probably could have been a really nice horse, but I just didn't know enough. And she was always anxious. And I didn't know enough then to fix, you know, to help her the year that I met Warrick. In 1991, my parents had bought me a really nice Western pleasure horse. And I was just finishing up. I had just finished up a two year college degree in business and I had tried to go to a four-year college and I came home after a week. I couldn't, I didn't want to be away. So my parents bought me this horse and we decided to go big and I wanted to qualify for the American quarter horse association, world championship show.

Robyn Schiller ([00:11:49](#)):

And so in 1991, that's what we were doing. We were going to the horse shows and we were trying to get qualified. You had to earn enough points to make it to get selected for, for the world championships. And we kept going to the horse shows. And pretty soon I saw this fellow that I told my friend, I'm going to marry him. I'm an, and we thought his name was work because that's how people pronounced it. It was work. And I saw him for the first time at Reedley, California. It was on Easter and I did say that to my friend, I'm going to marry him. We did meet, not like introduced, but we were hanging around in a group together where he was wearing Easter bunny ears, like fake Easter bunny ears. And he had a carrot in his hand and I think he was telling lewd jokes with them.

Robyn Schiller ([00:12:54](#)):

He does not remember this. He remembers meeting me the weekend after that, about 10 hours away, we went to a different show and he was working for Don Murphy at the time. So he was going to the shows and yeah, so my friend hollered out, my friend wants to date you. And while he was lunging horse and, or while we were London horse, I forget. And so that started us talking. And so that was like in April of 1991. And so we kept seeing each other at the horse shows. I think we probably started calling each other that was before cell phones and email and internet and Facebook and all that dating apps and all

that stuff. It was pretty old school. I think my phone at my house did, you could walk around with it at that point. It wasn't just connected to the wall.

Robyn Schiller ([00:13:43](#)):

I don't think Warrick's was, I think Warrick had to either go to the barn or I don't think he had a phone in his house where he was living. So we chatted, it didn't get real serious because I was going through some, I had gone through a bad breakup and I had some baggage from that breakup body image baggage, and I was trying to sort that out. And so I really wasn't ready for a relationship. Plus I had just gotten out of a different relationship. And so I just, I wasn't quite ready, even though I said I would marry him. And he was going back to Australia, I believe it was August. And so right before he went back, he came to spend a week at our house. And he told me he loved me and I don't believe that I said it back.

Robyn Schiller ([00:14:40](#)):

And I think he was ready to give up. He was going home. He wasn't planning to come back and my mom told him, don't give up, just stay in there, hang in there, you'll get her. And he left and went back to Australia and I subsequently moved out onto my own with a girlfriend. I was working at the time for a lawyer. So I was a secretary. I loved typing that was before computers. So I was old-school then too with typewriters. So I thought I wanted to be a legal secretary and moved out on my own and you know, kind of reevaluate, reevaluated what I wanted in my life. And in the meantime work and I had been caught, you know, he'd call me occasionally cause it was Australia and it was expensive then, but we'd write long letters and we got to know each other really well through the letters.

Robyn Schiller ([00:15:32](#)):

And, you know, I guess you could say we fell in love over the letters. And I figured out that I really wanted, you know, the horses to be something in my life and what better way than to marry a horse trainer. So I asked him to come back and when the minute he came back, we were officially a couple. And I think it was later on that year, we got engaged. So that was the end of 92. He came back in 92 and then by the end of 93, we went to visit Australia. And then the beginning of 94, we got married. So in that 92, 93, I was living in Hollister and he lived about a hundred miles away and I was working for, for a lawyer. And so I would go up and see him on the weekends. That was really the only, we were kind of a long distance thing.

Robyn Schiller ([00:16:23](#)):

Of course we would chat every night, but on our old school phones, but yeah, we definitely, it was a long distance thing. The first time we had really spent a long time together was we went to Australia for six weeks before we got married. And that was the most time we had, we had spent together. Then we got married and we moved and we got new jobs all at the same time. So we had, we had three big life changes all at once oh four because his mom and dad and auntie stayed with us for three weeks after the wedding in a small one bedroom trailer. So that was fun. Anyway I had gotten a job in human resources. It was my first human resources job was at a law firm. I originally went in there thinking I would be able to transfer over to legal secretary, but I liked the HR work.

Robyn Schiller ([00:17:22](#)):

And so when we had to leave that when work had to leave that place, we moved back to Hollister and I got a job with my dad at the D at my dad's, the company he was at. And I was also, I started as a

receptionist, but then they moved me into HR and I kind of progressed through there. And I did that a couple more times, you know, I would, I would get a job and then I would get promoted. And finally, I ended up being the HR manager, a national window company for our location. And then I took some time off to spend with Tyler, who I had had in the meantime. So, you know, I was a working mom work had, he had started his own business. So he was self-employed horse trainer making about 2 cents an hour. And so I was lucky that I had a job that had benefits and a steady income.

Robyn Schiller (00:18:14):

And, but that also meant once I had Tyler, I had to go back. So luckily we had a really wonderful woman who watched him and gave him lots of love and affection and attention. And I don't think it, it was detrimental to him seeing the person that he has grown up to be. But anyway, after the HR manager, I took some time off to spend with Tyler. And then we went to work for these wealthy people over on the coast, and then they decided they didn't need us. And so we decided to move to Australia. So we did that for four years. And that's where work really got started with the, like, he was the MC for the way of the horse at Equitana and that kind of opened the doors to some clinics. So when we moved back, okay. In 2010, I kind of told them I was homesick and I needed to go home.

Robyn Schiller (00:19:14):

And this was the third time I had told him. And the first two times he said, well, we're here. You're going to have to just, you know, figure it out. And the third time I said, no, I'm leaving. I need to go home. And I got my previous job back. I actually left them there for seven months while, while Tyler finished school for that year. And they, and, and Warrick was in charge of everything. And he had to sell the horses and sell the property. And yeah, I left it all up to him. I came home, got a job so that when they came back, I mean, this is one of the reasons I came home early. You know, I could have enough credit to, we could buy a house once they got back over.

Robyn Schiller (00:20:01):

We talked every night. We saw, I saw them once. Cause they came over for the world, equestrian games in 2010. Tyler stayed for a little bit longer and then they moved back in December. So it was made to December that we work we were apart. And then once, once he got back, I kind of said, well, you know, I'm doing this HR stuff and you know, good luck with your stuff. I've got to concentrate on this and you can concentrate on your stuff. So, you know, you can do the billing, you can figure that stuff out, I'll show you how to work Excel. I'll set up a template for you for billing and, and what have you. But I didn't keep his schedule. I didn't do anything. And that's when he got the YouTube idea and started making YouTube videos. And then as we all kind of know how that snowballed, I was working at a, I was a director of HR for a manufacturing company and his business kept growing and the subscribers kept growing and the numbers kept growing.

Robyn Schiller (00:21:06):

And finally, and we were traveling and, you know, it was hard to get time off of work if I wanted to go where, you know, to some of these clinics. And so I went from five days a week to four days, a week to three days a week to finally I replaced myself at that job and went to work for work. And so, you know, that gave us the flexibility. We still lived in town. He still worked at Gora gates for the first couple of for the first year that I had. So that was 2014 in 2015, he stopped training for the public because he was traveling so much and could just do the clinics. And then in 2000, the end of 2015, we bought our

current property, which is six acres. Again, another invisible workload item. Getting that bought was all me.

Robyn Schiller ([00:22:00](#)):

And it was stressful because it was a big step up for us. You know, we had never thought we would own something like this in our town. You know, we're at the end of silhouette at the bottom end of Silicon valley. So, and it's California and it's not cheap. So, you know, it was a big step up for us and it was scary and it was the best thing we ever did. One of the best things we ever did. Cause now we just love it here. We had been looking for a bigger place, but you know, if something comes along in Hollister, we'll probably entertain it. But you know, we kind of got things where we, where we like them now it's a little small for clinics, but yeah, we're managing. So that brings us to COVID, which, you know, that stuff, the travel that put him home all the time.

Robyn Schiller ([00:22:51](#)):

So we really got to know each other again and it wasn't easy. It hasn't been easy the last 18 months. You know, there's some raw spots and there's some old wounds and there's some, you know, stuff we had to confront that when you, you know, when you either work outside of the home, like I did all the time and come home at night and then, you know, you have the weekends. Or then when he started, when I started working for him, he was gone half of the month. You know, you just don't have the time to confront those things. You can kind of set it aside and not address it, but when you're home with each other all the time, it comes up. So luckily we've had a great support system. And he's been on this self, you know, self discovery and self improvement thing for the last four years anyway.

Robyn Schiller ([00:23:43](#)):

So, you know, he was already getting therapy. I figured I better start again. And then we found this really nice woman who it kind of worked out well to meet with both of us. And we've just met some incredible people, you know, through what we're doing. And so we've experimented around with some other things that have really helped. So I think we're through the worst of it. Yeah, I think, I think it, it was hard and I think it'll make us stronger in the future, so. Okay. Boy, that's a introduce and get your background. I don't know how many minutes that was, but thanks for hanging in there. All right. All right. I think I've already asked, I've already answered some of these other questions, so that's good too. So how did you meet, what was your first impression when you found out what your significant other did for a living who approached, who, and what were your first thoughts?

Robyn Schiller ([00:24:38](#)):

So I've already kind of gone over that, gone over the love story that I played hard to get. He stuck in there and then he moved back here and the rest is history. Do you have kids or a blended family and are your parenting styles different or the same? So we have one child, Tyler, he's now 24. He lives in Hawaii. So he graduated, he went to school, he went to UC Irvine and he thought he wanted to be a doctor, I think, cause it, cause he wanted to drive nice cars and make a lot of money. And the first year at UC Irvine, he figured out that chemistry was really hard and he probably wasn't gonna make it doing that. So he decided he was going to well with some help from me deciding to do business. Cause it's pretty open-ended and you can pretty much do, you know, whatever you want.

Robyn Schiller ([00:25:30](#)):



And in the meantime, you know, he's seen his dad become this entrepreneur and see him work for himself and build this thing. And I think it very interested Tyler to be able to do that for himself. So that meant he had to change schools. So he transferred to the university of San Diego and he graduated in 2015 and came to work for us, which was a good plan. And then he, so that was 2019. He moved home and went to work for us and it was all going swimmingly well, and then COVID hit and his best friend moved to Hawaii to be in the coast guard. And so he decided, well, I'm going to just go to Hawaii and live with Robbie and I can still work for you from there. And that was great. And then he got involved with this climbing gym that was built, getting built.

Robyn Schiller ([00:26:26](#)):

And so now he is working for them. He works for us still, but not doing as much so that, you know, one of the questions is what, you know, what is your role in the business? And so my role has changed over the years. So from the beginning, when I first, when work first started, I didn't do anything. And then I stepped in a little bit more and did some of the, you know, clinic org organizing. And mostly it was liaising with the people in the countries or, you know, the locations where we were having clinics because those clinics have morphed over the years as well. Now, and then it, you know, then it went to doing and doing, you know, like bookkeeping and all of that to where, you know, I have our team right now is, you know, works the talent. If you want to say that, you know, I'm kind of the, everything else in the background, except for, you know, I don't do the website.

Robyn Schiller ([00:27:26](#)):

We have a great web team and the app, they help us. Every, whenever we need it. And I do some of the updates we do all of our own like uploading videos work does all the editing of videos. Tyler does all the podcast editing now and he does most of the marketing. I'm going to be getting a little bit of that back. So, you know, it's kind of morphed into, I had a lot of responsibility then Tyler came, took some of that off and now it's going to expand again. And also when I think in 2019, when we were really going, going, going about the clinics, we changed it to be, you know, I, I do most of the most everything for the clinics. In some places I have somebody on the, you know, feet on the ground, but for the most part, all the registrations and everything come through me. So I organize that. So that's when it's full on, it's a big job and the travel arranging. That's my, I love, I love doing that. I don't love getting up on a plane and going somewhere. I love when I'm there, but the, the actual physical plane ride, I don't really love, but I love doing the organizing and then seeing it come to fruition. So that's really fun for me. I really that's. My favorite part of my job is organizing the travel.

Robyn Schiller ([00:28:49](#)):

All right. So that's how I'm involved in the business. And I've done a little bit of, you know, sharing of myself and I did the human factor course on the web, on, you know, on the subscription, after learning some, you know, anxiety stuff and some nervous system stuff, I've, I've put together some helpful things for people, for the person of the horse, you know, with the horse to do and to think about before they go out with their horses. And I'm stepping into, you know, doing this podcast, I'm also stepping into we're, we're organizing a podcast guest summit for next year. So it's going to be like a bigger clinic and that's going to be huge so that we may even hire somebody else to help with that. So yeah, I'm stepping, stepping in a little bit more. Okay, where did I go?

Robyn Schiller ([00:29:47](#)):

That was Tyler. So are your parenting styles different or the same different works? The horse trainer and thank God that he, him, you know, he raised Tyler with those principles. Cause I was, you know, boundaries are not easy for me and I tend to stuff, stuff down until it just, I can't hold it anymore and I blow I'm getting better at that, but that's, you know, probably that was my style. I mean, I'm also an empathetic and, you know, understanding mom and Tyler talked to me about everything. He didn't hold anything back. So I feel like I did something right. Like he always comes to me, you can talk about, you know, embarrassing things and, and things like that. So I know that, you know, we're very close. So I think, I think whatever parenting style I had, I think what, whatever we did worked.

Robyn Schiller ([00:30:41](#)):

So work was more of the disciplinarian. I was the one, like I said, I'd let him push my boundaries until I was mad and then I would not do the right thing anyway. How did having kids change our dynamic? For us, it only really enhanced our dynamic really work was an excellent father. Yeah, so it was, I mean, it was chaotic because I was working full time for a lot of it. But I think it was a good mix, you know, I think probably there were times when I would hope that I'd get more support, but for the most part, I think when I look at other couples and I see how they juggle, I'm super grateful for how work did with, you know, with the sharing of that. How did kids leaving the nest change our relationship? That's an interesting one because you know, when your kids leave, I mean, you should be super proud.

Robyn Schiller ([00:31:52](#)):

It's like this bittersweet moment where you should be so proud because they are going out on their own and yet you miss them like crazy. I, you know, Tyler gets me and Tyler he's like one of my best friends. So, you know, it was like losing a piece of that, you know, friendship. So it was hard. I think at the same time he left, we also moved into this place. And so we had never had the heart, well, we had not had the horses home since Australia. So, you know, I did get to mother my animals. So I guess that did take a little bit of that pressure off, but, but it was hard and you realize that, you know, you like each other because when they're all gone, when it's just you and your significant other, you know, it's kinda like you have to recalibrate. And then if you have COVID, you have to recalibrate again and then if your kids move back, you have to recalibrate again and then they move out again and then you recalibrate again. So it's just this continuing recalibration.

Robyn Schiller ([00:33:03](#)):

All right. So what's, what is your biggest strength? My biggest strength is probably my ability to just get stuff done and be organized. So I'm the organizer and executer. Warrick's biggest strength is really to, to put things in a way that people can understand like education, I guess, educating people. I would say, and so I think we compliment each other because, you know, I can organize him to do that and then he can go do that. He he's, he's not afraid to say that he just shows up and does his thing. You know, he just goes where he's told and does his thing. He doesn't concern himself with how it gets to that point. He just takes it from there. So that's kind of how that works. What type of things do you do together as in like hobbies and things like that?

Robyn Schiller ([00:33:59](#)):

I mean, while we work together, we ride horses together. He still goes to the shows with me, although that's, I'm not sure how much longer I'm going to be doing that. And hobbies really. If you'd asked me before this year, I would have laughed and just said, we ride horses. Like that's what we do, but a couple of things have changed. We've got an employee now. So we have somebody who does a lot of the



chores around here. So that's freed up a lot of time and we've just decided that we need to like do some stuff. So I bought some paddle boards. So we've started doing that. We started playing cards and we looked up like, you know, what are the best card games for two people? And we learned how to play gin Rummy. We had always played a game called Kings in the corner, but we learned Jim J Jenn Remy.

Robyn Schiller ([00:34:53](#)):

And then another one I can't remember because then we decided we would play chess and neither of us knew how to play chess. And we both are really not that good at it, but we're learning together. And we just kind of, we started watching videos and then we're like, no, no, no, let's just play. Like, let's just play chess. So we do that now. So we have kind of a nightly ritual where we, we play chess every night. Yeah, we'd like to read, we both liked to read. He listens to a lot more books than I do, but I like to read novels, so I will read, you know, Danielle steel Nicholas Sparks. So yeah, I used to be into the mysteries, like the political mysteries, but I don't know, I'm not into it so much. Okay. Who is your support system?

Robyn Schiller ([00:35:45](#)):

So our support court system I mean, obviously my family, because we live close to them, but they're also getting older. So, you know, we have to kind of be their support system as well. My sister's a big support system for me. My sister-in-law is a big support system. She got me into Kundalini yoga and I can't thank her enough. That was one of the, one of the greatest things that came out of COVID was learning, Kundalini, yoga. I love it. And so she introduced me to that. I am, we're both really lucky to have so many friends around the, around the countries around the world that we can call whenever and, you know, Jane pike comes to mind and I'll never forget meeting Jane for the first time at equities in, gosh, it's been six, five or six years now.

Robyn Schiller ([00:36:39](#)):

She was fan girling all over work. It was, it was kind of the first time anybody had fan girl. And so she's just so genuine. It was just so beautiful. You can't help, but love Jane. So I know I can call her anytime I want and we stay in touch. Kathy price now more recently Carrie lake. Yeah, we just have some really great people. And then I have some girlfriends from, you know, from high school, even that I still that we're still in contact. We still go on girls' trips. We're actually going to Kauai. In November, my brother has a house there, so we get to go there whenever we want to, which is so awesome. So yeah, and you know, when we were, when work was training for the public, we had a really good group of customers.

Robyn Schiller ([00:37:29](#)):

Like they were our support system, they were awesome. They were the best group of people. And we always thought, gosh, how are we ever going to duplicate this? But then we've, you know, gone global and it's like just expanded it even more. It's really, really awesome. Okay. Who wears the pants? I would say I do. Because I'm more of the control freak works more of the easygoing, just go with the flow. Kind of like I explained earlier, he just goes where he's told to go. And I'm really glad for that. There are times I'd like to be reversed, but yeah, it works for us. How do you view your roles to be in the relationship? I think, yeah, we've already told, I already said that. I mean works the horse expert. So I defer to him. I don't always agree with him and I don't always listen to him, but I think that's because it's hard to take advice.

Robyn Schiller ([00:38:35](#)):

Well, it's like say you're in a lesson and just pretend that you're taking a lesson from your significant other, it's hard, you know, most of the time, time, you don't hear what you're doing. Right. You hear what you need to fix and that's hard coming from the person that you love most in the world. So, you know, that's been it's been, [inaudible] the whole time with us. It's been hard, you know, finally I think we're at a place where I can just say, ah, I'm going to try this on my own, or I am getting better about voicing where my bed boundaries are. Yeah, it's not always pretty at the moment, but I've learned the real value of take two. So if I mess it up the first time, I can always come back later and go, look, I messed that up. Can I have a do-over?

Robyn Schiller ([00:39:22](#)):

Can I take two? Can I try again? And so I that's worked really well for us. I don't know where I was introduced to that before on set, but that works really well. So if you, you know, say you're having an argument, okay. And it doesn't, you know, or you bring something up that you've been wanting to bring up or you're, you're wanting to put a boundary in place and it doesn't come out the way that you really wanting it to, and maybe it causes more of a problem you can, you know, after you've walked the way and thought about it and hashed it over, you can come back and say, look, that did not go the way I wanted it to. Can we do it again? And usually that works really well, at least for us. It does. Do you ever feel stuck with a particular job that you absolutely don't like doing?

Robyn Schiller ([00:40:13](#)):

No. I think we're pretty good at he does is what he's good at and loves. And I do what I'm good at and love. We share the domestic stuff, like he loves to cook, so I let him cook. I do love when he says in the morning though, when he's eating his breakfast, what's for dinner. I'm like, I don't know what's for dinner, you're eating breakfast. I haven't thought about dinner yet. So if I, you know, if we won the lottery, this might be a question I could ask people, if you won the lottery, like what would you get? What would you have somebody do for you? And for me, I would have somebody cook for me. That would be good. I would love that. Yeah. We've already got a person who cleans my house, which is, oh, that's so awesome. I would, I'm like my mother, I don't really want to be cleaning my house all day. So I get that from my mom. Okay. How do you make sure that you're not forgotten or taken granted for granted things get pretty hectic, especially when growing a business, building a career, what have you put in place and found that works to maintain the balance?

Robyn Schiller ([00:41:20](#)):

Wow, well, you know, I mean, for us, for most of it, I, our job were totally different because I had the outside of the house job. He had the horse job. And so until I went to work for him, I guess, you know, what the biggest help for me is we had been having haven't for awhile morning meetings. I mean, we sit down and drink coffee every morning. We do do that. So I guess we do still have our morning meetings. So w so that for me, I need that touch point in the morning to know what my day looks like, because so much of what I do revolves around what he's doing. And so if I don't get that in the morning, the first time, first, first part of the day, I kinda can feel like I don't know what I'm doing all day and I'm just waiting around and that can breed resentment for sure.

Robyn Schiller ([00:42:20](#)):

But having this meeting in the morning and clarifying what's happening for that day has really helped me. You know, it's like a staff meeting when Tyler was here, we would have staff meetings. So that's been really, really helpful. How often do you review the list of jobs, jobs and check in with each other's

happiness? I mean, because we're talking every morning and I guess you could say every morning, what got you through the rough patches? Well, this, like I said, besides our first year of marriage, I think this last year, this last year and a half has been the hardest. And I just think, you know, COVID has not helped. And him not traveling has not helped. And I guess it just brought some stuff that we probably should have handled earlier, you know, up to the surface. And I think, like I said earlier, we're through the worst of it now.

Robyn Schiller ([00:43:12](#)):

And I guess, so I would say get help. Don't try to do it yourself. And at the end of the day, it's probably about you. So you have to work on yourself. You know, as hard as that is to hear, you're the only one who's responsible for you. So, you know, you have to work on yourself and that's not easy all the time. You have to look in the mirror really hard, and sometimes you don't like what you do. And yeah, if you have the right support, I guess you could you'll, you'll make it through. Okay. Did you, have you put your lives, dreams, goals on hold while their partner built theirs? Not really. If yes. Did they have a plan after a certain time or milestone? It would be their turn. No. Cause we didn't really? Yeah. did your goals, dreams, desired career choices change when helping build their partners?

Robyn Schiller ([00:44:12](#)):

Well, yes, because I started working for him. So yeah, it did. And I haven't mentioned this, but managing work is the hardest job I've ever had. For many reasons. God love him. How do you talk about money? Is it easy or hard and was it always this way? Yes. It's always been easy for us. Thank God. We blended our money right away. Throughout the years, I think there's been some years that Warrick did the like budgeting and paid the bills, but not many. Like I do all of that. He doesn't even, I don't think he even knows any of the bank passwords or, you know, I don't know. Yeah. So, but money is, has never, he's always been the saver, always been the spender, not extravagant, but I do buy horses every now and then. That's my extravagance, but money's not, not been hard.

Robyn Schiller ([00:45:16](#)):

Thank God. My my sister and her husband, it's always been separate and it's always been an issue and they've been married the same amount of years as us, but it's always been super difficult for them or for her anyway. Probably not for him, but for her. And so I can see where that can be a problem and I can see where that would be a problem if one of you is horsey and one of you isn't and your money is going towards the horses. So yeah, I can, I don't have any advice. Maybe somebody that I talked to will.

Robyn Schiller ([00:45:48](#)):

All right. How is both of your horse journeys? Cha oh, wait, I missed one. How do you support each other's growth and development? Well, you know, so let me go to this in 2017, when work said, you know, I've had this spiritual awakening or whatever it was, you know, and this is the path I'm going down. Now. I can see where, when something like that happens with one part of, with one person of the couple, if the other couple isn't on board, I can see where you hear the, oh, we just grew apart. Or we just went different directions or, you know, it just didn't work out. We mostly grew apart, I guess. I guess for me, I saw it that he, and I don't want this to come out wrong, but I, I felt like his change was coming more towards me than away from me.

Robyn Schiller ([00:46:43](#)):

And so towards my way kind of towards my way, I guess. And so it hasn't been super easy cause he's, you know, he's experimenting quite heavily with a lot of things and a lot of different modalities and but glad at least he's searching, at least he wants to get, you know, he wants things to change. So I think it would have been worse if, you know, you realize that there's things to change and then you don't. So, yeah. So I support what he does. He doesn't push me to do any of the stuff he's doing, like the psychedelic stuff. I, I'm not interested in that at least at this point and he doesn't push me. So that's good. Yeah. All right. How has both of your horse journeys changed since you were married? Where do you hope that it goes? In other words, what are your goals for your significant other?

Robyn Schiller ([00:47:42](#)):

Well, our horse journey has changed. It's kind of right. Like I said, right? Like on this precipice of changing for me, you know, I've been a competitor my whole life. I think I always cared about the horses. I want to feel like I put them first. I know that probably isn't true because of, you know, the kind of shows that we did and, and with the raining, I'm really feeling low about that right now, probably because of the last show. You know, I saw some things that I don't ever want to see somebody doing to a horse and it was at a show in public and these are the best, supposedly, you know, top of the heat people. And I'm not interested in that if my horse doesn't want to do it, you know, I don't mind reminding them what their job is, but I don't want to have to do what a lot of people are doing to make them perform.

Robyn Schiller ([00:48:47](#)):

So, you know, Oscar is awesome. He's easy. I get to remind him a little bit and he's like, okay. And then when I go in the arena, he'll either do it or not. And I don't really have much control over it once I'm in the arena, I'm getting better about that. But, you know, he's been shown so much, he kind of knows the drill Ray, you know, we've had to change a lot of stuff about Ray, not only mentally, but physically, he was, you know, work's changed a lot about him and he's super talented. Yeah, I'm just not sure about the raining anymore. I'm we may go try some new stuff. And honestly, you know, when we went and marched to Arizona, we went for three weeks, we went to a show, then we went and trail road in the desert, and then we went to a show and I had just as much fun in the desert. I could have gone home after the desert. Like I had that much fun with the horses and hanging out and doing what we were doing. So, you know, we may do some more of that. And yeah.

Robyn Schiller ([00:49:50](#)):

W and where do you hope it goes? I just hope it keeps going in the direction it's going, you know, I, I don't know what that looks like. It just follow our authenticity and follow our hearts and we'll see where that goes. What is the hardest thing about being married to your spouse with regard to their vocation? What is the best thing? Well, the hardest thing for me is to take the advice from him, you know, unsolicited advice, maybe I'll say, you know, I feel great that I can ask him when I have an, and I need to, I think I've grown as a horse person to where, like in 2016, he was traveling all the time and I was showing two horses and I was preparing them and I did pretty well that year. So I think I got, you know, I got a lot of that's good excited.

Robyn Schiller ([00:50:44](#)):

And with Oscar, I've done all pretty much all the work with Oscar he's written a maybe 10 times so. And what I mean that, I mean, Oscar was fully trained, but there were things that we changed about him. And I did all of that. So I've learned a lot and I think it's the unsolicited, you know, help that when I,

when I feel pretty confident and I think I know what I'm doing and I'm getting them ready and then he steps in yeah, it gets a little sticky the best thing is that okay, he's helping so many people and that's awesome. You know, the best thing is that, that he is living his passion and his is it's you know, it's like a Dharma thing. He's, he's living it. He's doing everything that he loves and he's good at an email makes money at it.

Robyn Schiller ([00:51:39](#)):

It's like all those circles, you know, it's that place where all the circles match he's right in that he's right there. So that's what the best thing is. How do we cope with how much time there are other half gives to so many? Another question was how is social media? And I won't say, I have never thought, God, I wish he would get off of Facebook. Because I have, and because yeah, you know, it's hard to compete with that. And I, yeah, so it has hurt my feelings that, you know, there's times when I'd like him to pay that much attention to me. But I also understand that he is, you know, he's trying to figure a balance out and I think he's got a good one right now. Like right now, he's not on Facebook much at all. So I think he's happier.

Robyn Schiller ([00:52:38](#)):

And there's more time, you know, for him to spend on the things like the subscription and, you know, YouTube and things like that. Where, where, where he can yeah, social media, you know, at the beginning, it was really hard for both of us. We took a lot of things personally. We didn't know where there was there, the delete button was on YouTube. And it seems like finally after that things got a lot easier. Yeah. And honestly, the last four years, since he's really like, the vibe has changed, I think that it's just crossed over into everything. He's not as confrontational. He doesn't, yeah. He used to have to give his 2 cents to everything. I don't feel like he has to do that anymore. So yeah, it's changed a lot. The vibe has changed. It's a lot, it's a lot more king energy versus prince energy. If you've heard him talk about that.

Robyn Schiller ([00:53:42](#)):

What is the most important lesson you've learned from your significant other, what is the most important lesson you've taught your significant other and what do you wish they would learn from you? Well, the easier one to answer is what's the most important lesson I've taught him. And I think it's that it's what we call me a radar. It, you know, I can, and then from what I understand now, it's all about energy and intuition. And I've always been good at that. Like in HR that did me a very good service because interviewing people was easy because I, I could just feel a person and know whether they were right or not feel their energy and feel, yeah, just my intuition was really strong. And I think over the years, I've taught him that part. And I've also, you know, I think the HR stuff has worn off on him.

Robyn Schiller ([00:54:34](#)):

He would come home and say, I said, this and this. And I'm like, well, next time, maybe you should put it this way and, you know, give them those tips. And pretty soon, you know, 20 years in, I'm like, wow, he's really made a lot of, you know, the humans used to be really hard for work. And now the humans are easier for work than they are for me. So it's kinda like we've switched places. What I wish he would learn from me or some more time management skills, that would be awesome. He is getting better, but he's actually got his own calendar now, which is awesome. What is the most important lesson you've learned from your significant other, I guess that would have to be like follow your passion and he's always been

good about that and it's worked out so you know, him following what he loves and what he thinks people need to hear at the time.

Robyn Schiller ([00:55:28](#)):

He's pretty darn good at that. So he's taught me, you know, that you should follow your passion. Okay. Do you do take instruction from your significant other vice versa? Okay. So we've already talked about that. I don't need to beat that horse. Are there times when you had your significant, you had to hand your horse over to your significant others to have them prep for a horse show or help you choose a horse to buy that you think maybe you should or could be doing it yourself? Well, so, I mean, I think we're pretty good at it now. I used to have him get my horses ready and I'd get on and go show. But I think I've gotten better at doing that. So I would say not anymore. He does, like, I think Ray is his horse. Ray's not my horse.

Robyn Schiller ([00:56:23](#)):

He's really done all of the riding with him. And I did a little bit of groundwork and I've written them a handful of times, but I think Ray is his horse. So yeah. That's just an aside. Yes. I think you answered that one. What are some lessons you've learned through your horsey? Significant other that you've been able to apply in non horsey situations? Probably more patients than I would have normally had. You know, he's got a lot of patients. However you helped your significant other on their journey. I think just being supportive of him and what he, what path he's deciding to go down, how has your significant other's journey affected your personal journey? Well, it's sent me down some rabbit holes. I'm not sure all of them are great. I'm still trying to figure out some of them. So I did lean me to Kundalini yoga, which I really love, so that part's good meditation, you know, there's some meditations that I like and that work well for me. So yeah. I mean, it's just opened up a lot of different ideas and concepts and rabbit holes. And so I'm going down, some of them what happens when you disagree with your significant other on horsemanship or vocational related matter? Do you resolve, how do you resolve or deal with it?

Robyn Schiller ([00:57:52](#)):

Again, yeah, and sometimes it's messy and sometimes I have to do the ticket. You too, but I used to not deal with it. I used to just suck it up. Yeah. Go on with it. But now I'm more likely to say yes, something. So again, it doesn't always come out great. But I do my take two's later and that's better. Steve was your learning curve. And did you really understand what you were getting yourself into when you signed up for this journey? Absolutely not. I did not have any idea. I thought we were just going to be, I thought I was going to work my whole life and he outside of his business and he would do the horses and we would show, and that would be our life. And it's just not, and it's this, the learning curve is steep, but it's awesome.

Robyn Schiller ([00:58:42](#)):

And where we're headed is awesome. So I it's been a wonderful thing, not, not to the opposite. Someone asked, I'd like to hear about the significant other's passions and their journey, whether it's related to horses or not, whether it's intertwined with the original podcast, guests, their partner and where, where it has been different. Well, I guess my passion's always been, you know, showing horses, so I'm not sure, sure that that's, you know, it, horses will it's morphine into, I'm not sure that's what, what it really anymore. But yeah, you know, it's funny, I've been asked to be a podcast guests on a podcast on mid-life and that's kind of where I am right now, I'm in a good place, but I have all these



options and I'm not sure what, yeah. I'm just not sure what I want to do. I'm not sure what my passion is.

Robyn Schiller ([00:59:47](#)):

I'm kind of at that crossroads, I guess that midlife, crossroads you know, I know it will have something to do with horses and I love doing what I'm doing with the business. So, you know, like Carey lake says, what if, what if you already are doing what you're supposed to be doing? So that's something to contemplate. So that's again, a little bit deeper than, you know, what's what the question was, but yeah, kind of at a, at a crossroads and exploring my options, how they got to be where they are and how they feel they are making a difference in the world. Well, I think I'm making a difference in the world by helping Warrick be more accessible to more people. So at this point, that's, I think that, and setting an example and sharing my stories, my anxiety stories there's more to share after this last year, so yeah, I'll be doing that.

Robyn Schiller ([01:00:49](#)):

Anyway, what do you think your significant other's calling is? It's to educate yeah. It's to educate basically, all right. Specific to couples that both compete. How do you decide which horse to buy and compete on? And are you ever at odds on how to pick them? I've pretty much done all the picking, at least I'll speak from the time we got back from Australia to now he bought Albert, but I've bought all the other ones. So yeah, some of them worked out. Some of them haven't for the most part they've worked out cause I've got a pasture full horses that aren't going anywhere. All right. I think that's where I'll end with, with our guests and I'll ask, well, I'll ask them the same questions that their, that their partner answered as well. So we can just kind of have fun with that and I'll make sure I'm prepared and know what their partner said.

Robyn Schiller ([01:01:47](#)):

So we can, we can maybe talk about that a little bit. There were some very specific to Warrick and I questions. So I'll just answer those and then we'll wrap this up. So it asks how you met and you, I, I went over that. What challenges you went through when you were first married? Well, like I said, new job, new marriage, new house and family living with for three weeks. So that was the first part. It was just a big adjustment, you know, I'd never lived with somebody else besides my family and my one friend, but, you know, work was very much more educated in those things because he had lived on his own before. He'd actually lived with somebody, a woman before and, you know, I had it. So, so it was a big adjustment, but, but it was fine. I think there was a big relief when we came back to Hollister because we had the support system right close.

Robyn Schiller ([01:02:48](#)):

So that was really good. So what principles did you use raising Tyler? Like I said, I think work used, you know, they need to know the answer before you ask the question or, you know, at least they need to understand that there will be follow-up if you ask them to do something and they don't do it, there will be, you know, a car consequence for it and then you have to follow up. So he was good about saying, you need to do this and if you don't, this is what's going to happen. And then that actually did happen. And so Tyler understood, you know, that, and I think we did some of the, you know, options, you know, there were options. He didn't, he had to, he had, he got to make choices. So, and I was always raised where my parents never told me what to do.

Robyn Schiller ([01:03:45](#)):

They just kind of outlined, well, if you did this, this could happen. And then if you did that, this could happen. And I'd like to think that we did that with Tyler as well. Would you do anything different if you could do it again? That's kind of a funny question because says he's turned out so awesome. So, I mean, I, obviously, if I knew then what I know now it would be totally different, but then what but that, how would he turn out? He's turned out really awesome. So I I'm very happy with where he, with how it went, I guess, you know, you don't realize it at the time, but he is my biggest accomplishment or our biggest accomplishment is that boy, he is a fabulous human being. What is your biggest weakness in your relationship together and individually? I think both of us are not good at boundaries and not good at speaking up.

Robyn Schiller ([01:04:40](#)):

So that's, I think it's both. And it's the same. What is your greatest strengths together? And as an individual, I think we've already answered that any mental health history in your family personally, I think there is some on the chiller side, I think somebody mentioned the Schiller oppression. So I do think there is some, my dad suffered anxiety. So he w he was in those days when you took a tranquilizer. But yeah, and smoke a cigarette. So, you know, yes, there is on both sides, I guess, whose family are you closest to relationship wise and why? Well, ours, mine, because we're geographically closer. We've been here longer. We have a fine relationship with works family. He talks to them weekly. One of the other questions I need to add is what are you most proud of your significant other for, and this may just sound really weird to you guys, but it has to do with his father because, you know, I think he's alluded to, he was, you know, kind of raised in the, you know, don't cry or I'll give you something to cry about.

Robyn Schiller ([01:05:59](#)):

And there wasn't a lot of warm embracing, you know, love flowing. You know what I mean? It was more, it's more straight forward, you know, they love you, but it's not, it's almost like, you know, we love you. We don't need to say it. And my family is different than that. I mean, we're not all gushy gushy, gushy, but we always say, I love you. You know, we get together, we're used to get together for birthdays and holidays and we hug goodbye. And I don't think that that happens so much with Warrick. And so what I'm most proud of him for is that just recently I've noticed when the phone either gets hung up from his parents or gets transferred from his dad to his mom, Warrick ends up saying, I love you too. Which means his dad is actually saying, I love you first.

Robyn Schiller ([01:07:06](#)):

And I am. That just makes me so happy that you know, that you can change somebody, that you can open somebody up enough that he does that now. Now, Ty now Warrick has always done that with Tyler, Tyler. We have always been, we always say we, and every phone call with, I love you. We, you know, we hug, we kiss. We, you know, we're very, I mean, we're not mushy, mushy, mushy, but Tyler knows. We love him. He won't ever have to question that. He knows, we say it, he feels it. And I think that work gets that from his dad now. And I think that's awesome. So do you kiss every time you leave and return? I would say on trips. Absolutely. If it's to the store or, you know, I'm going here for the day or whatever. One thing we always do well most of the time and he gets in trouble, if he doesn't is you always tell the other person you're leaving, like I'm going to you.

Robyn Schiller ([01:08:19](#)):

It is, they know you're not here anymore. And a lot of that is just for the responsibility of the animals that we have here. So it's almost like a passing of the Baton, like, okay, I'm leaving the dogs are in your care. You know, make sure they don't get under the, you know, wheels of anybody, things like that. But it is a thing we do most about 99% of the time. And then on trips, of course, yes. Kiss, every time he leaves in returns, if you fight, do you take time apart to think, or maybe a night to sleep on it or do you fix it right? Then most of the time we fix it, right then there's been one day. And it was this year that I actually physically removed myself and went to the beach. I just needed a moment. And I took it and we worked through it with the, with our therapists later that week.

Robyn Schiller ([01:09:10](#)):

And it was all and it ended up fine, but yeah, hold on. I went to the beach and got some vitamin C. So, but most of the time, yeah, we just, you know, we don't fight very often. We've probably fought more in the last year and a half than we have in the 26 proceeding years. So, you know, we're not fighters. Okay. That wraps up the questions. It's probably turned out to be a little bit longer than I anticipated. But you know, when I chat with these people, I will try to, you know, consolidate or, you know, streamline the questions if it's getting too long and, and I want it to be for you guys. So I want to do the right things and I want to get the information, so you have it, but I also don't want to be on for two hours. So I hope that you like this idea and premise, and I hope that you will enjoy the guests that I bring until next time journey on.

Speaker 1 ([01:10:18](#)):

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