

Speaker 1 ([00:00:08](#)):

You're listening to the journey on podcast with Warwick Schiller Warwick is a horseman, trainer, international clinician and author, whose mission is to help people achieve a deeper connection with their horses through his transformational training program.

Tyler ([00:00:35](#)):

It is Tyler Schiller this week with the journey on podcast, and we've just gotten off of the Thanksgiving holiday here. I'm actually currently at home in California. For any of you who have been following my dad and, and know anything about my life, I'm currently living in Hawaii with my best friend from high school who I was in a bandwidth back in the day. He actually taught me how to play guitar. And my dad thought it would be a good idea to get me on the podcast to answer all of the journey on podcasts, questions that we have asked of our guests that my dad has answered and that my mom has answered. And possibly give you a little bit of a perspective on, you know, the person behind the camera for any of you who watch our videos.

Tyler ([00:01:23](#)):

I've been filming my dad for probably coming up on eight or nine years. Now, if we look back, I think we started the YouTube channel in 2011. When I started filming, I think the first video I ever took was my dad needed to show this horse getting loaded on a trailer. And it was really funny because he was doing back in the day when he would be putting pressure on the horse when they weren't near the trailer. And then as soon as they took interest in the trailer, he would let them go rest over near the trailer. And there's one horse who had, we wanted nothing to do with the trailer. He eventually sent that horse in, through the trailer from behind the door. He just pointed in and he hopped right in and that YouTube video or Facebook video or somewhere received some really good comments and reactions.

Tyler ([00:02:12](#)):

And so ever since then, it's been a slow snowball effect of making more and more videos and reaching more and more people. And now I've been fortunate enough to be able to travel the world and meet some of you awesome work chiller followers at clinics and horse expos all over the world and be, and be a part of something that is really special. I don't actually know if I would be working for my parents right now, if they didn't do the work that they have been doing for the past couple of years. I never was really into riding horses. I had a pony back in the day. His name was cricket that I would ride around the really, the only memory pops up for me riding back in those days are me riding in the sinch coming undone and the saddle flipping up underneath the horse and me getting caught with my foot stuck in the stirrup underneath that horse running away quite quickly.

Tyler ([00:03:14](#)):

So that was about the fullest extent of my horse journey had didn't really have too much, which is interesting because, you know, I've met a lot of different people all over the world, especially when I was younger, it was really hard to see these kids who were trying really hard and, and didn't have the same access to horses or the information that I have access to having both my parents riding and my dad training. It kind of felt like a little bit of a missed opportunity along the way, but I am grateful that my parents never forced me into doing the horses, but definitely a part of me kind of wishes that they had pushed me into it a little bit more. If you look at any of all of the, you know, Olympic athletes that are up and coming, they've been kind of pushed into it by their parents since they were little.

Tyler ([00:04:09](#)):

And it's an interesting thought to think what could have been had I started off super early, but I think by the time I was already, you know, seven or eight, it was almost a little bit too late in a sense. I'm not really sure. And I don't really know. I wasn't actually surprisingly I wasn't interested into in like sports or anything. I mean, I wrote a push bike around, off of some jumps when I was younger, but really I didn't have any passions. For a long time I played golf in high school, but that really wasn't necessarily even a passion either I got into it because my grandfather got into it. It wasn't really, until I went off to college and kind of moved away from everything in its entirety that I started to find a couple of my passions, which I'm sure I'll get into here, but yeah, a little bit more about being behind the camera and, and having people know a little bit about my life.

Tyler ([00:05:06](#)):

It's been interesting being, meeting people. I even met someone today, someone came over and worked with an and delusion horse mayor that we have in my dad was hopping on her for the first time. And someone came up to me and so you must be Tyler. Yeah. And I, if I had a nickel for every time, I've heard that one, I would be a rich man. So it's kind of funny. But at the same time, I think it was a really awesome opportunity that I have to be able to meet these people that I wouldn't normally meet. And these here, these stories that I wouldn't normally be able to hear otherwise because they're not necessarily in my own social circle. But there's so much knowledge to have to be shared with all the people that I have met and so many experiences that I'm forever grateful of all over the world with all these amazing people that it's funny, no who know who I am and, and know what I do.

Tyler ([00:06:03](#)):

And it's, it's funny first meeting people and then being able to become friends with them. And, and now it's really awesome because it feels like I kind of have family and friends all over the world that I've stayed with through clinics and stuff and, and that's, and that's really awesome. And also I do kind of also feel from behind the camera, you know, even if it's not people talking about me or anything like that, the stuff that I filmed for my dad having been there for, you know, each I haven't been there for some of the ones that my dad talks about most frequently, like the Mustang laying down in Texas, et cetera, et cetera. But a lot of the times it's someone will mention something on Facebook or talk about a certain video or even on YouTube with comments and their, their reactions and stuff.

Tyler ([00:06:54](#)):

I mean, I take that as if it's a, it's a team effort really. I mean, and my mom should feel that way as well. Having a family business that work all kind of in this together. And even though it's my dad out there pushing and saying all the stuff and making it make all make sense, you know, it is a nice thing to be able to, to be a part of all of that. Going back to what I had said earlier about me not necessarily being here and working for my parents still, if they hadn't been, you know, doing the work that they're doing now, I mean their work, I don't look at it as horse training anymore at all, which is kind of a tough sale because, you know, personal development stuff, they're not necessarily suited for that in their entirety there. What they're doing a lot, both my parents now with my mom doing some more stuff, and she's working on a course right now for the website that will demonstrate more of her integration into all of this stuff.

Tyler ([00:07:50](#)):

But the things that they've been doing in the whole personal development side of things is really where it comes down to the people, I guess. So my dad is now I think more so of a people trainer than a horse

trainer and to be able to be there for that and support that is really, really kind of more along the path that I would want to do in the future, because I don't have that horse side. I mean, the horses, I think are just a way to reach these people now and to be able to help these people and their relationships, one with their horse, but also with themselves with their spouses, with their kids probably, but there are other animals. And then it really goes far beyond just horse training now. And, and if it, if it was just purely horse training, then I don't really know if I could have, you know, stuck around in the same sense that I am now.

Tyler ([00:08:47](#)):

But to me, it doesn't, it's not horse training anymore. It's, it's helping people kind of discover their true potential, which I will get into with these, these questions. So I'm gonna, I'm actually going to answer all 20, just like my dad and my mother have done. And they're going to be probably a little bit different than what you had heard in the past. So the first question is what book do you recommend the most, not necessarily your favorite book to read, but one you feel everyone needs to read. So the number one book that I recommend I read this last summer was sapiens by Yuval Noah Harari. He's a professor of history, I believe at the university of Israel or the university of Jerusalem in Israel. And the subtitle is a brief history of humankind. And for me, that book is pretty similar to guns, germs, and steel by Jared diamond.

Tyler ([00:09:47](#)):

It's basically a shortened condensed version of, of how the world has come to be. In the small amount of time, humanity has come to be human civilizations, have risen and fallen, but he, he does it in a very roundabout way with, I guess, with some really strong cases. One of my favorite things about that book is just the fact that he makes a point for wheat actually domesticating humans, because technically if, if biology and the whole purpose of life is to spread their genetic code, we as the most productive plant on the entire planet, it is pretty much in every single continent and has been propagated countless, countless, countless times by humans because it helped the humans technically. But if you look at it, we made humans do a lot of things just so that we could continue to survive. So I just flipping the whole table about, rather than us looking at humans, taking wheat and spreading it across the world, we, we look at it as we actually provided, you know, an animal, a human animal, a benefit, and the benefit that it provided for that human animal allowed for it to spread all over the entire planet and become the most successful plant species ever in history.

Tyler ([00:11:14](#)):

Pretty much. If we're talking about amount of genetic code spread throughout the planet, if that is what the purpose of life is, which I don't believe that it is, and I will actually get it, that actually is a good segue into it says not necessarily your favorite book, but I'm going to talk about my favorite book. And it is one that my parents had both read, actually it was given to it randomly sort of, it was really the first book that my aunt ever gave me. And it's not a simple book to just hand off to someone it's 950 pages of, I mean, the most eloquent writing you've ever you've ever read. But the title of the book is called Shanta rom. My father may have mentioned that in, in past. I can't actually hat don't have the name next to me of the author. I can barely feel you look that up.

Tyler ([00:12:04](#)):

But it is a book about a man who escapes, sorry, the David's or the, the author, his name is Gregory dev David Roberts. So he's an Australian who was a heroin addict in Australia and committed some armed

robberies. That part is true. He escaped prison in Australia. That part is true. He fled Australia through New Zealand and made his way to Mumbai or Bombay India. So he has a history of violent aggression in heroin addiction, but he ends up befriending a local Indian man, and he eventually lives in a slum in Mumbai. And he actually sets up a slum hospital, which over the course of the time that he lived there saved hundreds and hundreds of lives just with basic medical care. And he eventually joins the Bombay mafia and does a bunch of crazy stuff. Now, how much of that is actually true is, I mean, he's kind of self-incriminating himself. So he, he, he wrote it as a novel technically, but he basically wrote it off of his own experience going, and we're actually technically working for the Bombay mafia. So the storyline is very interesting. The way that he writes is very, very poetic. It's, you can smell the smells of India while you're there. You can see the sites of the Harbor and, and you, you feel like you're in India and that is a beautiful, vibrant place to have this, this setting of this book. But he also talks About love about God, about loss, about

Tyler ([00:13:53](#)):

Pain suffering. Really, he, he pretty much talks about every single thing that you would want to have in a book. And he does it in such a way that keeps you fully entertained and also provides amazing insights too. I mean, it's basically just a huge, no, it's a, it's one of the biggest novels I've ever read, but it's just monumental in its weight, I think as well. And it wraps it all up in this beautiful story too. It kind of masks itself. Second book that, sorry, I'm going over, I guess, with these favorite books, but probably second favorite book beyond that would be the Fountainhead by Anne Rand. She's the same author who wrote Atlas shrugged. And that book is, is awesome. It talks about individualism. And I think the big takeaway from that is there's two architects. One of them, he went to this main character, went to architecture school with, he actually got kicked out of architecture school. And the antagonist in this case is his, his college roommate. He goes out to be this really super successful architect in New York city, but he is pretty much a complete sellout. He'll build any building that someone wants him to build, but he pretty much just does it because he's taking the highest price and he does a good job by all means. And he's very, very successful, but this other, yeah, the guy he builds buildings for himself, someone will come to him and say, Hey, I want one of your buildings. And they don't really get too much input. They might get some, but what they get is someone's true vision of what this building should be.

Tyler ([00:15:37](#)):

And I'd always been interested in, and mostly civil engineering highways, freeways over freeway overpasses always amazed me that they could even be built. And since that book, I have looked at cities and architecture way more way differently. And in a similar sense to Shontarum, it plays a story behind it. A lot of deeper meanings, like the power of individualism and the power of not giving up on your beliefs and morals. So that's my section on the books. I have plenty more but it's kind of hard to narrow them down this next one says, what was your biggest failure and how has it helped you? So when I first went to college, I went to university of California, Irvine, which is near Newport beach, California. It's in orange County, South of Los Angeles. And I was going because I thought I wanted to be a surgeon.

Tyler ([00:16:31](#)):

My best friend from high school got into that same university with me, for the biology program. We had taken anatomy and biology, I think our junior years of college before, or sorry of high school. And we were applying that, that fall for colleges and we dissected a cat and it was really, really awesome. I mean, the connective tissue on a, on a cat was just the most interesting thing to me and just how everything was so small and detailed and complex, and that you could actually technically put things

back together and fix things if you had to. So I thought that was really, really interesting. And I, at that point I wanted to make a lot of money and drive a lot of nice cars. So I figured that becoming a surgeon would be, yeah, good deal. And I've always loved the sciences.

Tyler ([00:17:20](#)):

So mostly of the, mostly the natural sciences, I lived, the way biology works and, and ecosystems and volcanoes and all that sort of stuff. So I lasted about a year, technically in, well, I lost it two years at that university, but I lasted a year doing biology before going through chemistry. I just wasn't really interested in it. And my, my best friend had mentioned this idea. This is the same guy who I'm actually living with in Hawaii right now. He said he there's this product out there called a shark bands. So me and this roommate of mine learned how to surf together. And there was this company out there selling sharp deterring bracelets. So we thought it was kind of silly that, you know, if you're surfing, you're not going to go out and buy an \$80 bracelet just to deter sharks. You're already out there taking the risk anyway, but you need surfboard fins to surf.

Tyler ([00:18:20](#)):

So if we could somehow put this shark attorney technology and a surfboard fin, it'd be a no brainer if they were the same price as normal fins, why would you not buy sharp during fins? So I started 3d printing some models with the 3d printing club at university of California, Irvine, UCI for short. And I learned so much. I joined the entrepreneurship club. I did market research on how many surfboard fins I could sell. I was talking to Marine biologists at California state university long beach, who has a shark lab there. I was doing a bunch of engineering work with the 3d printing club. And it culminated in me winning the most original idea award at UCI entrepreneurship club banquet that that year, which was pretty cool. I mean, there's, there's an accomplishment. That's one of the questions is what is your, what accomplishment are you most proud of?

Tyler ([00:19:23](#)):

I would definitely say that that is one that was up there because I mean, it, it is a life-changing moment for me to, however, the, the day that I actually had a meeting with a surfboard fin company to talk about partnering, I re I was looking back over the patent on the shark to turn bracelet. And I found a line that basically said any shark deterring technology attached to an apparatus attached to a surf board. They had to the patent for it. And really, really, it was only a two or \$3 magnet. That's all, it was a high neodymium magnet, a powerful, very powerful magnet. And basically the, how it works is you take the magnet and you put it in salt water, and it creates a magnetic field and sharks have these sensors on their nose called ampullae of ampullae of Lorenzini. And when a fish fish is muscles contract, they emit a tiny electric charge. If you've, if you know anything about voltage Gates on muscles, that that charge is super, super small. But sharks are sensitive enough. They have the sixth sense. They can detect changes in electrical currents around them that they can, they can see those fish in, in high definition and they can feel action and they go after it. So that's why they kind of have that trigger response. And they kind of jolt at things. If, if something

Tyler ([00:20:51](#)):

Amidst that frequency of muscles contracting. However, if you were to overwhelm those ampullae of Lorenzini with a very powerful magnetic field, they freak out, they kind of get disoriented and don't know where to go. So that the shark bands bracelet was a two inch by two inch magnet or even one inch by one inch magnet.

Tyler ([00:21:12](#)):

And I was actually going to have a two inch by one inch magnet and three of them. So it was technically going to be six times or more stronger in a set of surfboard fins. Then this one shark deterring bracelet, but I was infringing on a patent. And as I emailed them to let them know that what I was working on, they said to cease and desist any and all production and manufacturing of the surfboard fin, I got scared with the potential legal action as a freshman in college. And I gave up on the idea and it, it seemed like a big deal at the time. And I really wished that I had kind of just kept chugging along because I know that, you know, it would have been, they hadn't yet created that product. And even though they had a patent on it, I think I could have worked my way around it, but the idea is still out there. I hope none of you take my idea if I ever want to act on it, they actually only have that patent for 20 years. So it's coming up probably soon as you probably check on when it expires the next week

Tyler ([00:22:17](#)):

Question here is if you could spread a message across the world, one of the people would listen to what would that message say? Or my favorite quote? I actually don't have a favorite quote, surprisingly. My one, my one message would probably be, always keep believing that there's a better way. And

Tyler ([00:22:37](#)):

Really what that means, I think is a lot of people get stuck on wanting to go back to this place of comfort because they know that things will, And

Tyler ([00:22:49](#)):

For me, I'm an optimist, which is sometimes a detriment to myself, but most of the time, it's not most of the time I think that everything is going to work out well. And I know that there are better ways. I mean, there's also, there's obviously a lot out there that human knowledge is built up on and there's there's best practices, of course. But I think to accept something for, for the universal truth is something that is, is difficult for me to think that there isn't going to eventually down the road, be something Better.

Tyler ([00:23:24](#)):

The, and that doesn't necessarily hold to any specific theme or John rhe of life. You know, healthcare will get better. We will eventually start living longer. Technology will get better and faster. We will get smarter as human beings. People will become, I think, more empathetic in the long general term. I think we're going to be more supportive of each other. I think we're going to be more caring and it kind of disheartens me when people want to necessarily slide back into that comfort zone of theirs that's well-known and, and not look for a better way. I guess, even if I fail, trying to find a better way, I would rather fail in trying to F to attain something better than to settle for what is known, what is comfortable in what probably doesn't work as well as, as we could if we tried. So I think it's a powerful mindset to have to constantly, probably not doing it from a place of ignorance.

Tyler ([00:24:26](#)):

Right? You don't want to be optimistic without some sense of realism, but I guess it really comes down to not saying no saying yes. And moving towards things rather than back away from things. I'm not really sure, but I think that there is always a better way and I'm always learning. I love being wrong actually, to be completely honest. I, at least I don't, maybe I don't love being wrong, but I definitely don't mind it. I am very receptive to feedback. I'm always looking for feedback when I'm doing something. I love being a

beginner. I mean, it all kind of ties into the same thing. I think that there's a better way. I think there's never a bad time to say yes to step up and try something new and take advice from people who have done things in the past. And I really think that the, that life is just one big, you know, growing event, I guess throughout my life, I've seen multiple phases of myself and each one of them I would think is getting better.

Tyler ([00:25:31](#)):

So my tendency to be optimistic and go towards a better way, it seems to be working out so far. Question number four is what is the most worthwhile thing that you have put your time into something that you have done that has changed the course of your life? Well, I was talking earlier about finding my passions in college. It actually wasn't until about two years ago, this October. So two years in a couple of months that I discovered that I really, really enjoyed rock climbing. I had actually just dislocated my shoulder pretty badly in a skateboarding accident. And so I shattered my, I was carrying my surfboard of all things. So I shattered my surfboard. I broke my arm pretty much dislocated it pretty badly and was in a sling for a while. But the most important part here is I, I destroyed my surfboard.

Tyler ([00:26:26](#)):

So I couldn't surf even after having healed from my dislocation and the, the, at this point in time, I was in college. The time change had happened. And so I got out of class at five o'clock, it was already dark. So I couldn't even go surfing anymore. However, the climbing gym that buddies had gone to for awhile, it was open till 11:00 PM with the lights on. So I started going occasionally and it became pretty much a daily habit there for a little while. I, so that was in October of 2018 that I got into rock climbing. Over

Tyler ([00:27:05](#)):

The course of that rest of that semester, I got fairly strong, better, more into the scene. I mean, I was just a beginner. I didn't have any clue of what I was doing, but I took all the classes that I needed to, to be top rope certified, which just means the rope was already at A climb. I would go over to it. I knew how to catch people. I knew how to climb safely. That was fun. And then I signed up for a rock climbing course outside Over intersession Of that year. So that was January, 2019. And the course was taught by the national outdoor leadership school In Arizona, a little place called coachee stronghold. And I learned how to rock climb outside. It was really, really exciting because I also got to do a different style of climbing, which is lead climbing, where you bring the rope up with you and you clip in as you go. So that if you were to fall, you only fall. However far you clipped in, I'm above you, which is much more physically demanding, much more mentally demanding.

Tyler ([00:28:13](#)):

And eventually through buying my own gear, getting outside more after that class, I learned a ton, basically the entire last semester of me in college was just me on my computer in class, looking up rock climbs, looking up how to rock climb more effectively looking at different strategies for tying knots and creating anchors on climb Times. And now,

Tyler ([00:28:37](#)):

And then I eventually got what is called a trad gear. So it's rather than clipping into a bolt that is pre placed on a climb. You would place a piece of gear, either a nut or a camming device into a crack or a hole so that if you were to fall, it would pull on this piece of gear and catch you. And that opens up a whole new world of opportunities to, if you look, or if you know anything about rock climbing, you know

probably El Capitan in Yosemite or half dome in Yosemite, those climbs are done with traditional style gear. So you bring gear up, you place your own protection, and then you, your partner a down below will come up and take the gear out as they're climbing towards you. And then it all repeats over and over again. And

Tyler ([00:29:24](#)):

The biggest thing about climbing that I love is you are faced with the decision, especially when lead climbing. So when you are bringing the rope up with you each and every time you get scared, you're faced with a decision that's pretty right in front of your face. I mean, I I'd get scared while climbing and I, and I do love that fear that pumping this. It's basically, I just want something that it makes me disappear from myself. I guess I don't think of anything else. And while I might be scared, I might be thinking of my fear. I'm not thinking about pretty much anything that else that is going on in my life. But the beautiful thing about climbing is either in that situation, when you are scared you fall, or you willingly decide to feel that fear. I mean, there's, you can't run away from it.

Tyler ([00:30:17](#)):

You are holding on by, you know, you think that your, your body thinks that you're going to die. You're up above on a cliff, it's responding as such, but you choose to move beyond that fear and you choose to make the next move. You know, you choose to place your foot in a higher position. You choose to jump up and grab this other piece of rock. And I think that's the beauty of it. And I think that's, what's really probably changed my, my life the most and it's, and it's been the most wild thing that I've put my time into because I have had to learn quite a bit of technical rock climbing strategies in order to do some of the stuff that I've done, which isn't difficult necessarily in, in physical demandingness. But, you know, I've done a couple, 300, 400, 500 foot climbs that require you to do things that are, you know, do things safely.

Tyler ([00:31:13](#)):

Otherwise you can fall all of that way, especially when you are taking your own gear up there, you might have to create your own anchor out of that traditional gear that I told you about. So being able to make sure that all that can withstand the weight of someone falling on it when you're clipping into it, just making sure that I do things safely. It's been a lot of fun learning. I mean, it's, it was really one of those things that I kind of ignited my passion and it has changed a lot because now I self identify as a rock climber. I've I have knowledge enough to do most things that I would ever want to do. And I have El Capitan on my radar. I want to do it within the next three years. Cause when I first started rock climbing and I said that I wanted to do it within the first five years of me climbing.

Tyler ([00:32:04](#)):

And I think that's attainable now, I just got done doing a 1500 foot climb. So that's probably close to 600 meters almost probably 550 meters. And that one was really fun. It w it took all day, took 12 hours. And, you know, that was really, really cool to be able to kind of, I haven't been doing a big long climb like that in a while since I moved to Hawaii. So being able to use all that knowledge that I had had that was really cool. And I'm really glad that I put my time into it. It's been, it's paid off a lot. The next question is what is an unusual habit you have or something out of the ordinary that you really love? I don't actually have too many unusual habits or at least I do, but I don't really want to share them with the entire world.

Tyler ([00:32:58](#)):

So I'll just mention one that my dad finds funny. I feed the horses when I'm home, which I'm home right now for, to film and work on some courses and stuff with my parents and for the holidays. And when I'm feeding horses, I back up the, the quad only I'd barely even drive it forward. I only, I love backing it up. I used to work at a golf course where we would back up golf carts all the time. And so I'll drive in somewhere and I'll be turning one way and my dad will be, Oh, what are you doing? I'm like, just wait. And I'll just back up around our entire property, which we have six acres. I mean, it's not huge, but it's not small. And I'll just drive with my head, turned around the entire way I love backing up. And I do it pretty much any chance I can, if I can, even if I move the truck, I'll back it up, anywhere that I go just for fun and practice, I'm actually not even that good at backing up a trailer, but I am good at backing up the quad and the truck.

Tyler ([00:33:54](#)):

So here's the other question that I'd mentioned earlier? What accomplishment are you most proud of? And if I, if you had asked me a year ago, or at least straight out of college, what my most worthwhile thing that I'd put my time into it would have been this I joined the outdoor adventures club at university of San Diego. So I actually transferred colleges after two years. I left UC Irvine and I quit doing biology. And I moved to San Diego, which is just about an hour South of where I was located earlier. It's 15, 20 minutes from Mexico Tijuana and right on the Pacific ocean. And I joined this club called outward ventures. And they run this trip called prio. I would, because I was a transfer student, I went on transfer, Oh. Or they transfer orientation. And basically they take you out camping.

Tyler ([00:34:52](#)):

They give you all the supplies that you would need, and they do a bunch of leadership and kind of group bonding activities. My experience on the transfer orientation was awesome. I got to meet a bunch of really, really cool people from all over the world. And it kind of exposed me to this really unique setting of talking about group dynamics and personal journeys and stuff, sitting around a campfire and having people really literally really listened to you. They did this great thing called hometowns and each and every person who were complete strangers, really just showing up here. I mean, we had an hour van ride to this one, beautiful location outside of San Diego called the Laguna mountains. It was, you know, 6,000 feet or pine trees everywhere. And it overlooked the ends of Borrego desert. It was absolutely gorgeous and a really interesting mix of landscapes, but being able to sit down and have everyone around the group, you know, have five minutes of open-ended talking, they could talk about whatever they wanted to, most of us talked about who we were and our story and our history.

Tyler ([00:35:55](#)):

But that was probably the first time that I'd ever experienced what it felt like to be heard in a really intimate setting. And it, I was hooked instantly. It was, it was awesome. The guides also were such a big part of this as well. There were students guides and my guides were awesome. I remember my guide, his name was Austin. I was friends with him the entire time that I was at U USD and he was a really big inspiration for me. Anyway, I entered the guiding program at outdoor adventures and pretty quickly, right. I picked up all of the necessary tools. I mean, I w it's basically, you can get out however much you really put into it. The guiding program is really, really good there. The advisors, Mark Cedar and Kelly Sloan were two of the greatest ones, people that I've ever had the pleasure to have mentor me.

Tyler ([00:36:47](#)):

And I kind of just found them my passion for the outdoors and as well, being able to use all of my leadership and I think, yeah, extrovertedness to be able to help people. And that was really, really awesome. And I had some fantastic times. I went to the, did a canoe trip to the Hoover dam along the Colorado river. That was absolutely amazing backpacking trips to have a Sioux falls in Arizona. We went to, and this, this trip actually the biggest accomplishment is, was it was the pre-orientation for freshmen incoming into college. So this was the summer of before kids were about to enter their freshman year. And they attended this prio before orientation, before the school, the whole school's orientation, where they got together on campus and went to other classes. And I mean, I went to transfer orientation, but that was after I had had all of my orientation stuff.

Tyler ([00:37:52](#)):

It was a little bit different, but prio was in this really unique position because no one had ever been on campus yet. This is people making friends before for even the orientation. And they had taught us you know, all of the tactics and group bonding activities that we were going to do on this trip. And I will explain a little bit later about my changes but most of the leadership that I had ever probably exemplified there was what we would call a driver oriented leadership style. So I was always kind of outspoken didn't really think things through. But I stuff done. I was effective and mostly charismatic. I mean, I didn't really run into too many interpersonal problems. Most likely probably be because people didn't want to tell me to shut up. I guess, like I was a person who was always willing to take the reins if need be.

Tyler ([00:38:54](#)):

And I had been working on not being so much of a driver and being more so what we would call a relationship master or a spontaneous motivator. These were, these are, this is called a NoDoz style of leaderships. And it's actually what I based the training style quiz off of. So it's kind of funny how all of this stuff loops back around if you haven't taken the horse training style quiz. Definitely look that up. I don't even know if I have it available for people to just click on it should pop up on the podcast on our website as a little pop-up to take your training style and figure that out. Anyway, I'd been working on moving into some other leadership styles where I kind of let other people's voices, you know, shine a little bit more and move into a position of, of leading from the back and, and letting people step up into their own things and not just stepping on people's toes.

Tyler ([00:39:57](#)):

And so we spent an entire week actually on the Santa, I think it was Santa Cruz Island. So the Catalina islands are or the channel islands are off of the coast of Santa Barbara off the coast of Los Angeles. They're the string of islands that are, it's a national park. And it's a beautiful, pretty much untouched place. It was farmed back in the day, but now that it's a national park, you can pretty much only get there by boat and you can only stay there for a week at a time. So we backpacked and we had a great time. We snorkeled and some of the most crystal clear kelp forests in the world, they're all Marine protected, sanctuaries, gorgeous seals, dolphins lobsters gear Baldy, which is the state fish of California. It was really an awesome time. We went hiking all the way up to the highest point on the Island and just adventure it around and had a good time.

Tyler ([00:40:54](#)):

And also you know, I'll offer it a lot of opportunities for these kids to make deep rooted friendships in, in ways that they probably hadn't ever done before. And if I had never gone on any of these trips, I

wouldn't have had those experiences either, but being able to open up a really deep and authentic experience for people that, that really brought people together was, was really amazing. And, and the accomplishment that I'm most proud of is at the end of this entire week long, pretty much just group bonding experience, but it was very natural. It wasn't ever like forced or anything. I mean, it was a lot of the kids would just say it was awesome. It was perfect. And they got probably more out of it than they ever thought they were going to because they probably learned a lot about themselves.

Tyler ([00:41:40](#)):

Anyway, there was this one kid who I had in my small group, his name was Eli, and I did not necessarily that I saw myself in him or anything. It just, he was a cool guy. I got to know him and I had a lot of great one-on-one conversations with him about, you know, relationships, schoolwork, extracurricular activities. I don't know everything, religion, politics. I, we talked, we talked a lot and we became good friends on that trip. And then at the end of it, we all sat around and gave each other. We wrote each other notes pretty much. So everyone kind of wrote a note for everyone. It was this really, really cool activity where everybody wrote a note for pretty much everybody in their small group, at least. And I still have those notes with me. I actually should've took them out for this podcast, but Eli basically wrote, and I had a lot of other people say as well that, you know, thank you for showing me that college is going to be a place that I can be who I am and everything is going to be fine. And I'll attract the people into my life that are meant to be there. And I don't have to be a certain way. I don't have to act a certain way to try to be cool or make friends. If I'm just myself, then I know I'll be okay. And I thought that was, I mean, if I had had someone be able to tell me that a long time ago, I'm an only child. So back

Tyler ([00:43:11](#)):

In the day, my extroversion came across probably a little bit too much. And I, I know, I know it did. And it really, that was just me trying to, to make friends. But I now realize if I had just been able to relax and just be me and not try to be something like a, a jokester or anything like that, then I probably would have attracted the people that I deserve into my life a lot sooner than I really did. So the next question is what have you changed in the past five years that has helped shape who you've become? I believe

Tyler ([00:43:47](#)):

This was in the summer of 2018. So me going into a university of San Diego, me and my parents attended a thing called the landmark forum. So this was a self-development conference is what my mom told me. And this was about the same time that my dad kind of had the revelations that he's been having with his horse training. He was on it about two months earlier, but I hadn't really seen him too much before that. So this experience was funny. It was in San Jose. We went into this big group pretty much. It was a group of therapy session is really what it was, but it basically got us to, you know, analyze our behaviors and the way that we are interacting with people. And this was pre outdoor adventures. And if, if I had not had landmark, then, then outdoor adventures would have been my landmark, but landmark got me to me sooner than outdoor adventures did, at least they built off of each other, which was really, really great.

Tyler ([00:44:45](#)):

And I realized that was when I realized that I stepped on people's toes. And I had been in that kind of leadership style. That was a little bit more demanding and a little bit more, you know, I didn't listen very much and it wasn't necessarily a leadership style. I mean, I say that with the training style, but I'd made a lot of personal comments in there as well that you might be, you know, not listening to your husband

or your spouse, or you might not take criticism very well, or you might not give yourself enough time off. Those aren't necessarily horse training things. Those are personal things, but I felt that they were all interrelated with the work that we're doing. And I realized a lot about myself in that, in that time period. And I, I pretty much called up every single one of my friends that I'd ever been friends with and cried to some of them.

Tyler ([00:45:30](#)):

I called them my ex-girlfriend and cried to her and told her that I was sorry for not listening to her and pushing her needs and stuff aside because I thought I had everything figured out. And that was all all good. It really just got me to kind of start to begin to be self-aware and probably more importantly is be open to feedback, I guess. I think that's a huge thing that I have have changed in the past five years. Is Ben more receptive to feedback and looking for opportunities for growth and looking for opportunities for feedback? I don't necessarily just wait for feedback to come to me. I go out and seek it because for me, everything might be going on in my head perfectly. And getting an outsider's perspective is, is always super helpful. So that thing that self-development kind of path in the past five years definitely helped shape who I've become.

Tyler ([00:46:29](#)):

I've been able to control my extroversion a lot more and use it more effectively. I think, to help those around me rather than probably annoyed those, those around me. The next question is what advice would you give to people who are about to enter your occupation? And it says in subtitles, this one may be difficult. As many of us have opera occupations that are far from normal. I wouldn't say that mine is not far from normal. I mean, I do the marketing videography photography from my parents. And that's pretty much the only thing that I've done since college, but I actually wrote down right here in my notes. What advice would I give to people don't go to business school unless you have to if you get business in the slightest, which it's really not too difficult, I don't think it's mostly common sense.

Tyler ([00:47:21](#)):

It's, it's almost actually like the golden rule. I think at least in marketing is that's how I try to do it is, you know, treat others as you would like to be treated. I try to make marketing content seem as natural as possible. I try to make it seem like what I would want to see if I was being marketed to really and I think a big part of business school is, is great. And it gives you a lot of specifics, especially like the financial, you know, nitty gritty pieces, but marketing in general is basically if you know your audience, then you know what they are expecting, you know, what they want. There might be some thing that you could pick up and obviously you're gonna pick up something if you go to business school, but realistically self-education is the key. I mean, I've had to learn so much in the graphic design aspects in the web design stuff.

Tyler ([00:48:14](#)):

I, I was the one who helped redesign the website for any of you subscribers. Who've been around on both platforms. It's really about, you know, I think it's all this whole growth mindset too. You're not limited by, by anything. I think you just have to be able to go and search out that information for yourself. And realistically you could find everything that you need to find that I learned in business school there. So the internet is your best friend. Youtube is your best friend, and don't necessarily have to go to business school. If you feel like you have a successful shot at it. I think a lot of people who are in

sales and business don't need to go to business school that you can't really teach a lot of what they, that you come out with or that you see in business students.

Tyler ([00:49:07](#)):

I think a lot of that drive, you can't necessarily teach them. So if you have that drive, then I don't think you need any of that. And then the next question is what do you feel is the worst advice given in your profession or bad recommendations given by people in your area of expertise? I don't know a lot of it is you guys would probably, unless you're in the marketing world, don't guess it get the, the ads for marketing people trying to help you become a better marketer, but there's so many gimmicky marketing people out there who tell you that they can make, you have a million different leads here in today, and you can increase this amount of subscribers by doing this and that. And I don't know, I get what they're trying to do. They're obviously trying to help, but they, a lot of them come across as I've done this and this and this.

Tyler ([00:49:57](#)):

So you should listen to me. And it just kind of comes off as like, I don't know, gimmicky. And they took advantage of people. And by offering, you know, this deal combined with this to increase their, I don't know the, like I said before, like I wouldn't be working for my parents if I didn't also have the opportunity to market stuff that helps people become better. It's not necessarily a thing or an object. It's not materialistic in a way it's, it's a lot deeper than that. And I think if it wasn't any more materialistic, I probably wouldn't want to be a part of it. So I try to avoid gimmicky marketing gurus at all costs. Although I have recently moved into pop-up ads, but I only ever offer something for those pop-up ads, like the the horse training style quiz, or I will give out a couple of free articles or free videos.

Tyler ([00:50:56](#)):

I'm only ever trying to provide value for people rather than just give them a sweet deal. I guess. I don't know. The next question is where do you go slash what do you do to relieve stress or recharge your batteries? Or where do you find motivation or inspiration for what you do? Stress relief for me, I cannot sit around and do nothing. I imagine that there's some people who just giggled right then, because I, when I hear that, I totally understand where people are coming from, obviously. Yeah, I, I relieve stress probably be by getting out and hiking. Especially in Hawaii, it's gorgeous. All times of the day it can be raining, it can be nighttime and raining and you're still not cold. It's still awesome and beautiful. But I think, you know, coming back from a big, long adventurous trip with all the views and all the memories, that's like me feeling good and being empty both physically and mentally, I think the pairing of the two really kind of helps me relieve all of my stress and, and recharge my strategy and my batteries.

Tyler ([00:52:03](#)):

And I also find inspiration there as well. But for motivation, I wrote here when you're out in a, in a surf lineup and I surf in Hawaii, I learned how to surf in California and surfing in college when you're out in the surf line up and you watch people and you're just right there and you get sprayed on by these guys doing these crazy maneuvers, all along the face of the wave. You can't help, but smile and just be like, ah, this is, this is awesome. Even though it's not me necessarily doing this cool, crazy tricks, I still got a little ways to go to do that. Being in the action of it and just seeing those people doing what they do best right there and up close and personal, that is definitely super inspiring for me. Or I'm a, I'm an avid skier as well.

Tyler ([00:52:50](#)):

Seeing people do awesome tricks, I just get, I I'm always mind blown by what people can do when they, when they say yes and they show up and they practice and they put in the work. I think it's beautiful. And I think it's also a part of it is being there in the moment is the most inspiring thing. And, and sharing that almost, you know, when dudes are doing cool, cool tricks, if they didn't have anyone to spray, would they be doing it necessarily? Probably because it'd probably feel good, but it's also nice to have an audience as well. So it's cool to be able to interact with people and after they come back from that wave, you know, be able to, Oh dude, that was a nice maneuver and, and engage with people. I think it's really cool too. And the, as in surfing, especially, you know, you don't have to be some huge, big name to do those things.

Tyler ([00:53:36](#)):

It's all kind of everyone's friends or at least they can be out in the lineup. So I think that's really, really cool. What do you feel is your true purpose in the world? Well, I've kind of touched on this, I think with my biggest accomplishment story, but I wrote down here help people get out of their preconceived notions of who they have to be. I know that's a big one and then it involves a lot of different aspects of human personalities. I mean, you have to kind of accept that where you are is okay, but at the same time, that's not where it comes down to because you want someone to you know, re live out their, their fullest potential, I guess in a lot of ways too. So that's kind of, it's a big one. I mean, I'm 23 going on to 24.

Tyler ([00:54:35](#)):

So I think I have some time to figure out how I'm going to do that. But I actually used to think that I wanted to change the world. Actually. It's funny. One of the questions is what'd you want to be when you were younger and I didn't write this one down, but I thought I wanted to work for United nations because I had traveled a little bit with my dad back in the day and gone to Africa and just been like, Oh my gosh, I could change the world. I want to change the world in some big, huge, powerful way. I want people to remember my name. And then I started

Tyler ([00:55:02](#)):

Realizing, I think through the landmark stuff that none of that is going to happen, or at least, I mean it theoretically could, but none of it's really going to happen if I don't start affecting people's lives individually now. I mean, that's something that I can do here. And in the real world today, I can make someone's life better. I can, you know, push them a little bit more to do something that they haven't done before. And I can tell that I can, I can show them that it's okay, that they don't have to fall into this one category of, you know, what their father expected them to be or what their friends did in high school, that they can go and choose to decide whatever it is that they want to do and pursue that. But it comes down to working on an individual level.

Tyler ([00:55:50](#)):

And what I've feel like I've noticed is when I, when I do that one, I immediately get instant gratification from seeing the change in that person, which is awesome. I can't deny that. I like seeing that and that I like hearing the responses that I had from, from Eli on pre-orientation, you know, knowing that I made an impact is super powerful to me. And I think will fulfill me in the longterm. That is what I want my career or my purpose to be in some sense. But I think it's also the key to going on and, and, and changing the world on in a larger way as well. I think all of these little flaps of a butterfly's wing can, you

know, tick the scales over in a far away land in a way I guess, because I guess, and it also comes down to if I can show someone that, you know, or if I can help them at all live their life any better, or just provide any amount of joy or happiness or value to their life, then they can realize that they have the power to give more joy and more value to other people around them.

Tyler ([00:57:02](#)):

And it's basically a trickle down effect from there. So I've realized now that my true purpose in the world is probably to show up every single day to, for someone to make a difference in some way, shape or form. I don't know. It's obviously a big open-ended question, but hopefully you got the gist of what I would eventually like my life to look like. The next question is what is one common myth about your profession or field that you want to debunk? I feel like I made these questions with my dad. So I feel like I kind of want to, I didn't provide an answer for that one. I'm not going to this next one in the last five years, have you become, what have you become better at saying no to this is really funny. It's a good question. And a lot of people who on the podcast have gotten some good answers to them.

Tyler ([00:57:53](#)):

For me, I actually didn't even realize that I had a problem saying no. Until recently I did not drink throughout high school or smoke any sort of funny stuff. I made a deal with my parents that I wouldn't do that and that they would buy me a car after that. So I stuck to it. It was very easy to say, no, I, I was the designated driver for my friends at most of the high school parties. And even though I was surrounded by it, I never really felt the need to indulge because I could still have fun with my friends and drive them home all safely. So, you know, I, I didn't think that I had a problem ever saying no. And, and just actually just recently is when I realized that I, I had a problem saying no, but it was also came about because of a personality change in me.

Tyler ([00:58:41](#)):

With all of this landmark stuff, I stopped necessarily having people in my life to meet me where I was. And instead I was feeling this, you know, incredibly privileged place of being, living in Hawaii, having a lot of freedom and you know, believing that I wanted to help and change, help change people. And, and I, I really do just want to help people small businesses. I mean, I worked for my parents, so it's a small business. So I got involved with this yoga studio doing some of their marketing and, and eventually videography and I was not getting paid. I was doing it off of, you know, me being able to show up and help this small business survive throughout COVID. I helped them set up online zoom lessons and made sure all the technical specifications for music lining up and the dancing lining up and stuff worked.

Tyler ([00:59:37](#)):

There was a, it was a dance studio as well. And I kind of got not abused, but the guy took advantage of my willingness to help him a little bit. And I just was kind of working for him a lot more than I had expected to. And I still, I still had a really bad, a hard time saying, no, I mean, he would just say, can you help me with this? And I was, I was just saying yes. And I, and I, I guess what it comes down to is I also don't necessarily realize how valuable my time is. You know, fresh out of college. I sometimes think that, you know, there's still so much for me to learn and there is, and I kind of discredit sometimes the amount of value that I can bring to people. So we've worked out an exchange now where I'm going to be getting paid if I'm going to be helping him anymore.

Tyler ([01:00:26](#)):

But it was, you know, it was really hard because it was, you know, during COVID this guy couldn't have large gatherings of classes in his studio, and it was really hard to see, and not that he was necessarily down financially, like in need of, you know, going homeless or anything, but it was still me seeing this man who was passionate about what he did and, and not be able to have the same experience. And I wanted to be able to help him. I just have to be able to draw a line and, and kind of, I think lay things out a little bit more clear, but also I was a lot more free. And then I got a girlfriend and I didn't want to spend as much time at the yoga studio basically. But I have realized now that I, I can actually give too much now, which is, would have been unheard of for anyone who knew me three years ago, but people change.

Tyler ([01:01:19](#)):

The next question is, what quality do you admire most in a person? So I admire courage and people, I admire people who stand up and do the difficult, but right thing. You know, I admire people who open doors for each other. I admire people who, who wave and smile at people as well. I think that's a super powerful thing to be able to just reach out to strangers. And, and it makes me feel good when I wave to people and they wave back. And I, I feel like I'm someone who does that and starts that off. It always is really nice. Just someone who's genuinely willing to share their happiness with others, I think is, is a good thing. But, but courage as well, being able to, you know, feel the discomfort of a situation and stand up for the right thing, I think, cause we can all kind of feel that, that uncomfortableness and walk away from it. And I think that courage just like rock climbing in a sense is feeling it and willingly taking the next step to go beyond, you know, that fear of being judged or whatever and doing the right thing. I think that's what courage is. And I think, I don't know, there's a lot of qualities I admire in people. I think caring and placing someone else's needs above your own is something that's very admirable.

Tyler ([01:02:46](#)):

I actually put right here that the thing that I'm most, the quality that most jealous of in a person is a good memory. Not that I have a bad memory per se my roommate. I mean, I know this sounds a little silly, but he can remember movie quotes, like from movies that he's seen like once or twice and a long time ago. And they, you know, they can like laugh and giggle with all the other people who know that quote. And I'm just like clueless. My friends get together all the time and they're like, Tyler, do you remember when you said that one thing? Most of the time it was something really silly. And so I don't want to probably remember what I said, but I was like, no, I didn't say that. And all of my friends say that I, I had said it.

Tyler ([01:03:23](#)):

So I don't know. I think a good memory is as powerful. I tend to be pretty forgetful, but I feel like that doesn't necessarily hamper my intelligence too much, but I just don't necessarily remember specifics. Number, question, number 15 is what is your relationship like with fear? Do you run towards it or do you play things close at heart? So I mentioned this a little bit with the whole climbing story before I do like fear. I like being scared only because it provides the opportunity to not let it run your life so free so that you can willingly choose to move beyond it. But the whole relationship with fear is I don't, I don't get myself in a situation that's scary and less. I have all my I's dotted and my T's crossed. So especially with climbing, I get scared, but I only get scared necessarily in situations.

Tyler ([01:04:16](#)):

Like I only put myself in situations where I would be scared if I know that I'm going to be safe. So I'm not someone who is going to be, you know, taking unnecessary risks to then freak themselves out. I'm taking the steps that I needed to take to ensure that I'm safe if I were to fall. And then in those moments of fear, be able to move beyond it. But there's some comfort in, in, in that fear, knowing that I'm not going to just end my life unnecessarily. I made sure that pretty much all of the situations that I operate in are safe. That goes same with surfing and same with skiing. I'll push the limit of my fear, but I usually won't do it to the extent that I'm going to seriously injure myself because after I dislocated my shoulder eight times while rock climbing so far, I got surgery in October of 2019.

Tyler ([01:05:13](#)):

So it's been a year and a little bit since I surgery. So I'm pretty much back to normal, but I'd never want to have a major serious injury again, if I can avoid it. So I want to be scared. I like being scared. I will continue to put myself in situations where I do get scared and then provide those opportunities of growth to be able to move on. And I think it's also cool too with fears. My fear has changed. I used to be scared of, you know, the thing like top roping now in climbing, I used to be scared of five foot waves. Now I love five foot waves and now I'm only scared if there's, you know, 10 foot waves. So I think it's just kind of ever evolving cycle of fear which is really, really cool. And if I can continuously bring my safety backstop with me, along with me as my fear develops, then I think that's a good, I don't necessarily want to stop taking those calculated risks just because I get scared.

Tyler ([01:06:11](#)):

So the next question that we have here is do you have any regrets that you'd be willing to share with the world? What did you learn from these, your guts? I really don't have too many. I mean the only things that I can really think about that I've written down here mostly things that I ever get are been from ex-girlfriends and past relationships they've been most of the times that my relationships have ended. I've only realized after the fact that what I was doing was affecting their relationship. So, I mean, it's, I've only really had three serious relationships and early, only two of those ended, you know, in a situation where I, I could have done better. But it's it's, it was something that I definitely want to work on is being to be able to being able to step back away from, I mean, even a friendship, but a relationship and seeing where there might be some miscommunication and maybe just not being as so caught up in my own stuff.

Tyler ([01:07:11](#)):

This has changed as of recently with the most recent relationship that I've had. It, it ended well, because I think I was more open and honest with my communication. And I think I was a little bit more able to step back and I was just in a different mind space as well. But yeah, regardless would be probably going back to stepping on people's toes in this somewhat past life of mine before I realized that my natural energy can come across as a little bit demanding. And I mean, it's just, it's just high energy. It comes from a good place for sure. And I'm sure my ex-girlfriends would, would agree with that. But it's still it, it, it affects people. And I think just the regrets that I have now are me not realizing that my actions had had that much effect on people.

Tyler ([01:08:10](#)):

Now I'm much more receptive to how people feel. And again, this is all, thank you. Thanks to outdoor adventures who put me onto this tremendous guiding program, who basically we needed to be able to be self-aware for the group, the group's development or the group development's sake. So they

introduced me to this whole wide world of feedback and imagining, and empathy and discovering how other people are feeling and, and how your words impact others. So it's, it's pretty wide reaching so that I don't necessarily Harbor any of those regrets, but I have learned a ton from those relationships and from those experiences with other adventures number 17. So we only have three more questions here. What's the luckiest thing that has ever happened to you? Luckiest thing is, is, is hard, but my new favorite word is serendipity since moving to Hawaii because it's such a small place.

Tyler ([01:09:14](#)):

Really my dad wrote or did the podcast on how to manifest, how to manifest a car crash and living in Hawaii. If you want something, I think it comes to you pretty quickly. So my example that I have been telling people is when I first moved there, I had just gotten out of quarantine it's COVID times. So I had had 14 days in a house and to celebrate, we had some friends over who were friends with my roommate who had been living there for the past year, if they were all in the coast guard. So we had a little bit of a party. I was a little intoxicated and I was dancing, just having a good time, pretty much by myself in the living room. Everybody was else. Everybody else was kind of around talking and stuff. I was having a good time.

Tyler ([01:10:00](#)):

And my, my roommate who I met off of Craigslist just recently. So this was like a very fresh friendship. She said, you know what? You don't dance very well. And I was like laughing. I was like, ah, whatever, I'm going to take some dancing lessons then, you know, like, Hey, if you want to call me out in front of all of our friends, I will go ahead and I'm okay. Like I knew that I was not a good dancer. That was fine, but she called me out. And then I said, you know what? I'm going to take some dancing lessons that was on a Friday night, Sunday, I go down to a local park and I pull up next to this tree and I start sit in my little seat down. I'm about to start reading a book. It's it overlooks the ocean it's gorgeous.

Tyler ([01:10:40](#)):

And you can only get there by walking to it. So there's not cars or anything. There's not very many people in this park. And this guy is peering at me through the tree is baldheaded. Very tan. You know, he looked kind of South American and he's staring at me very strongly. And I was like, I'm sorry. Like, do you want me to move at a different spot? Do you want me to go read somewhere else? Like sorry, if I didn't mean to intrude on your bubble. And he said, no, you look like someone that I know. And I looked at him and I was like, well, there's no chance that you know me, cause I don't know you at all. I've never seen you in my life. And he just thought that I looked like someone that that he knew, which I do get quite often, which is kind of funny.

Tyler ([01:11:28](#)):

Anyway, we got talking and he is a Brazilian dance instructor. So I got talking to him and it's a, this is actually the studio, the yoga student yoga and dance studio that I was, I told you, I had trouble saying no to. So I met him on that Sunday afternoon and he said, dude, you should come to dance class tomorrow night. So in Monday night at 7:00 PM, I was dancing. And it was just Friday that I had put it out there to my roommates, into the world that I was going to go take dancing lessons. And I didn't look it up. I didn't, you know, Google phone, wasn't listening to my conversations and then posting ads to me. It just happened to be that serendipity and, and I guess a little bit of luck kind of lined up, but the Island, it seems like so far has been one of those places that if you want something to happen, you better be careful what you wish for because you probably will get it.

Tyler ([01:12:27](#)):

And it'll happen in some roundabout serendipitous way. So it's, it's fun. I can't wait to go back. I'm here for another three weeks helping my parents out. And then I'll be back on in Hawaii. Number 18 of questions. What did you want to be as a child? When I was a child, I was actually in love with Jurassic park and I seriously wanted to be a paleontologist. I seriously wanted to be out in the desert, uncovering dinosaur bones. I loved any and all things to do with dinosaurs. And I, it wasn't just like this fascination with dinosaurs in the sense that like I liked playing with the toys or not like dressing park movies, I actually did like the science behind it. You know, I would watch all of the discovery channel documentaries, and I was really, really interested into it. That lasted probably I'd, I'd say that I wanted to be a bit of the intelligence up until I was probably, you know, 14, 15.

Tyler ([01:13:22](#)):

And then I, I liked the idea of becoming a pilot. So for my 16th birthday, my parents bought me a flying lesson, which was amazing. The guy, let me land the plane, which I don't think you should ever happen. If you're taking a flying lesson and someone tells you to land the plane, probably just tell them not to. But I said, yes, he had his hands on the controls to make sure that I wasn't doing anything wrong. It was really funny. Cause it was just a little fixed wing Cessna. And the only experience that I had ever seen of planes landing really is these big, huge, like airliners coming in and their nose is up above and their tail touches down first, right? They land on there on the back wheels. And then when they land, their nose goes down one, a little plane like that, that there's two wheels up the front and one wheel at the back of the tail.

Tyler ([01:14:07](#)):

So you land with your nose down rather than your nose up. So I in to the to the runway and right, I get to the bottom and then I start pulling up and he's like, no, no, no, no, no, you got to push down. And it just felt so wrong to do that because you're just pushing down into the ground. It really felt like that. But then those two wheels caught and then eventually you slowed the engine down and the, in the tail touch, but that didn't deter me from wanting to be a pilot. It was just that I eventually wanted to be a doctor. I wanted to be a surgeon back in the day with my roommate until I realized that I didn't, what do I want to be now? Like I said, I actually don't know. And I almost now necessarily, it's not that I don't have a specific goal in mind.

Tyler ([01:14:53](#)):

Like I know what I want to achieve at least, but I don't necessarily have any you know, why am I not here at this stage yet? Because I've just recently been a little bit more accepting of I'm going to get there. You know, I'm, I, I'm already working with a bunch of, of people over in Hawaii, I'm doing the marketing for a rock climbing gym. I'm still doing the marketing by getting paid for the yoga and dance studio. There's a lot of opportunities out there for me to do what I want to do. So I'm not necessarily in a rush to get to where I'm going to be, but I have faith that wherever it is that I end up is going to be in a good spot. Number 19 is, do you have a favorite horse? So it's interesting that I didn't ride because I do love horses.

Tyler ([01:15:43](#)):

And I love PD and, and Oscar and Bundy and chance. And Bella, all of them here. I love Sherlock too, but he's a little weird. And I love our new horse Ray, but forever. My favorite horse is going to be Albert. So he was a raining prospect for my dad. I went to a while back and he took some trips with some friends in town, in Alaska, and now he's over in the central Valley. But he was just one of the horses that, I mean, I

don't really ride too much, but I would come home from college and he wasn't written there or anything. And I just hop on him and he always took care of me. And he was just a goofball and I really, I, he was just pretty, so I don't know a lot of nostalgic memories that tied to, to Albert just cause he was a little goofball and he'd been around for such a long time.

Tyler ([01:16:35](#)):

And, you know, because he had gone out and lived with other people that we knew that was kind of a shared experience as well. And then number 20, the last question, what do you think it means to be a leader and a follower? What does leadership followership look like to you? I think you could probably, you guys could probably all answer that by now. If you had listened to the rest of this podcast, but leadership to me is the ability to develop people, to meet their full potential. And I think a lot of that times that is an unrealized potential or a potential that people aren't currently pursuing. So it comes back to what I had said earlier about getting people to realize that they don't have to be a certain type of way that people have told them to be in the past. But also playing off people's strengths And, and

Tyler ([01:17:25](#)):

Getting them to step into positions that they aren't as strong in. So opening up people's weak spots, I guess, and being able to provide opportunities for growth for those people, I think is super, super important, which again, it comes back to the why I made the horse training styles. Quizzes is for that exact reason is to have these people who might not necessarily realize the things that they're doing, which I've been there, done that and, and received that feedback. But just get a little bit of that feedback so that they can step into, you know, those roles and, and, and utilize their leadership skills on a bunch of different avenues rather than just their main natural tendencies. Because I think we all have the ability to, to step into those other roles. So that's what I mean by meeting their full potential as meeting your full potential as, as a leader, as a person and utilizing all of the leadership styles that are available to you in each and every situation followership, I think is being comfortable on the journey allowing someone to help you reach your full potential. So you don't necessarily have to be the one, you know, in the driving chair, always helping other people. I think, I mean, if someone came along and wanted to be my mentor and helped me get to where I'm going, I'm constantly trying to attract those people into my life anyway. So I

Tyler ([01:18:51](#)):

Think there's just a time and a place for leadership and followership. I guess if you're a surrounding in an area, if you're showing it in a, in a place where you have the ability to help people and you're courageous about it, then you should, you should step up into a leadership role. If you're in a situation where there's already a good leader and it's someone that you can put your, your money behind your weight behind, you know, your life behind, then there isn't any problem being a follower at all. If, if that plays into your development in your journey, I, you know, being a follower, it can be a very powerful experience as well. So it just all depends on what you can offer if you're in a following position and you know, that you could affect more people than the leader that you're following.

Tyler ([01:19:44](#)):

I mean, that's going to be a decision for you that you're going to have to make, to decide whether or not you want to continue doing your following, or if you want to step up into a bigger role and, and, and lead. So those are all 20 questions. I hope you enjoyed it was my dad. Didn't kind of spring it on me, but he kinda did spring it on me that he thinks that he thought that I should, should answer all of the

podcast questions, but I actually edit all of these podcasts. So I'm listening to everything that my dad is saying with his guests. And, you know, I'm filming all the videos, doing all the marketing stuff. Hopefully it kind of comes across that. I, I know what I'm talking about. I hope any, and all of you who have taken the horse training styles quiz enjoyed that.

Tyler ([01:20:30](#)):

I've gotten some good feedback off of it. And I'll be developing some courses with my mom to combine a little bit more of this personal development side of things with horse training and constantly thinking of the next best thing for, for my dad to be able to promote and give to you guys to help everything become easier on your end. You know, I could, haven't really stepped up to try to train a horse myself yet. But constantly at clinics, you know, keeping my mouth shut at clinics. This is really, really hard because I hear my dad talking all the time. I clinics and podcasts videos. I mean, I know what to look for. You know, I know what people are doing wrong most of the time and I know how to help them. So it's really hard for me to, you know, sometimes I want to interrupt my dad in the middle of it, tell Christie to put her hand somewhere else.

Tyler ([01:21:23](#)):

She's not doing it right, but I can't ever step into that role. And just kind of funny. It's interesting, just being able to be pretty much in an insider's perspective of all of this stuff, but still kind of distanced myself from it in a lot of ways in me pursue my own stuff. I dunno. I'm forever grateful for my parents for providing me the opportunity to, to help them for being super supportive and everything that I do. They're always there for me. My mom hates the fact that I go rock climbing and surfing and skiing and that I have a motorcycle. But I've, I've tried to instill as much trust as I can in her that hopefully after listening to this podcast, she'll understand my threshold for fear and safety a little bit more. But it's also a super unique opportunity that I get to travel with my dad and create content with my dad, for people to, you know, get better at training with their horses and to be able to meet any and all of you guys out there during, during clinics. When we started, when we started up doing clinics again, I will be joining him. It's one of my favorite things. So thank you so much for listening to the podcast. I've had a blast being on here and if any of you want to reach me individually, you can just email warrick@workchiller.com. I will, I'll read all the emails, so I'm there, I'm on Facebook. If you have any questions about books or experiences, any, and all, I'm always willing to talk to everyone. I love connecting with people All over the world. So thank you so much for listening and we'll see you again next time.

Speaker 4 ([01:23:14](#)):

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